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# Weekly SCHOOL LUNCH Planner

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal					
Sides					
Drink					
Treat					

## Hungry for ideas for lunch? TRY THESE!



### Main Meal

- PITA BREAD + HUMMUS
- CHEESE + CRACKERS
- TURKEY + CHEESE ROLL-UPS
- ALMOND BUTTER + JAM SANDWICH
- CHEESE QUESADILLA
- HARD BOILED EGGS
- PASTA SALAD
- TUNA (POP-OFF LID) WITH CRACKERS
- CHIPS + GUACAMOLE
- HAM + CHEESE SANDWICH
- BAGEL + CREAM CHEESE
- VEGGIE + HUMMUS WRAP



### Sides

- GRANOLA BAR
- PRETZELS
- STRING CHEESE
- YOGURT
- PEACHES
- TRAIL MIX
- HEALTHY BAR
- POPCORN
- COTTAGE CHEESE
- CRACKERS
- CHIPS + SALSA
- ORANGES
- APPLES
- MELON
- STRAWBERRIES
- GRAPES
- PEACHES
- BLUEBERRIES
- RASPBERRIES
- APPLESAUCE
- MANGOES
- CARROTS
- CUCUMBERS
- EDAMAME
- SNAP PEAS
- PICKLES
- BANANA
- PEPPER SLICES



### Drink

- MILK
- WATER
- 100% JUICE
- SMOOTHIE



### Treat

- PUDDING CUP
- GRAHAM CRACKERS
- PIECE OF CHOCOLATE
- NUTELLA + BANANA WRAP
- HOMEMADE COOKIE