

# COVID-19 At-Risk Patients



**Some of our patients are at higher risk for getting sick from COVID-19. At-risk patients include:**

- Heart Disease
- Lung Disease
- Kidney Disease
- Diabetes
- Undergoing Chemotherapy
- HIV or other immune disorders such as Lupus and Rheumatoid Arthritis
- Long-term use of Prednisone or other immunosuppressive medications
- Organ transplantation recipient
- Absence of spleen
- Pregnancy
- Over 60 years old

**If you are an at-risk patient visiting an IHA practice or Urgent Care location, please follow these steps upon arrival:**

- 1** Do NOT enter the building. Instead, stay in your car.
- 2** Call your practice and inform reception you have arrived for your scheduled appointment or wish to check-in if at an Urgent Care location. Inform the practice that you are an at-risk patient. You may also request a mask at this time.
- 3** The practice team will contact you at the phone number you provide, or come out to the parking lot when your exam room is ready.
- 4** Do not touch your face and use hand sanitizer or wash your hands upon leaving your appointment.

**To keep all patients safe, please do not enter an IHA facility if you have any of the symptoms of COVID-19, including, fever, cough and shortness of breath. Instead, please visit [www.IHAcares.com/screening](http://www.IHAcares.com/screening) to complete a free COVID-19 screening or call your physician's practice for additional medical assistance.**