IHA

COVID-19 Results Information Sheet

1.How do I receive my results?

In order to receive your results, you will need to sign up for our patient portal called Trinity MyChart. Through this portal, you will immediately see your results when they are resulted by the lab and you will receive patient instructions and other communications through the portal. If you are not currently signed up for MyChart you will receive a link via text or email to sign up -OR- you can go to our website, IHAcares.com and click on MyChart Patient Portal for more instructions. *Note: For patients ages 12-17 a parent will be required to sign a consent form to create your child's personal MyChart account. (proxy access cannot be granted to a parent)

2. How long will it take to receive my test results?

PCR results generally take 24-72 hours. Rapid testing typically takes 1-3 hours.

3. How do I interpret my results within MyChart?

If you are positive for COVID-19, meaning you have the virus, it will appear as: DETECTED!

If you are negative for COVID-19, meaning you don't have the virus, it will appear as: NOTDET (short for NOT DETECTED)

4. What do I do if I am positive for COVID-19?

You should self-quarantine for at least 10 days from when your symptoms first started and at least 24 hours with no fever (without fever-reducing medication) and symptoms are improving. If you do not have symptoms, but you are positive for COVID-19, you will need to self-quarantine for a minimum of 10 days from the date of your positive result. Additional information will be communicated via MyChart.

5. If I have COVID-19, should I have a repeat test later to confirm that I am negative?

Another COVID-19 test is not recommended to determine if you are now COVID free or no longer contagious. The CDC and local health departments recommend symptom and time-based criteria to determine when you are safe to discontinue quarantining. Why? Patients can have a positive COVID test result for up to six weeks or longer after your initial positive test, but this doesn't necessarily mean you are still contagious. As a result, we don't recommend repeat testing, unless you have a unique situation and your doctor has ordered a repeat test.

For any further questions, please review our COVID-19 FAQ on **IHAcares.com.**

— OR —

Call your practice for further questions.