



Guide to Care

Our family
caring
for yours.



Trinity Health
IHA Medical Group

Welcome to Trinity Health IHA Medical Group. We are here for you, with nearly 1,000 health care providers in over 125 locations close to your home or work. Please use this guide or go online at IHAcare.com to learn more about our team and how we may care for you and your family.

Free + Virtual

Patient Events

meet the pediatric providers

Our pediatric practices hold monthly group meetings for expectant parents and parents of potential new patients. Ask questions, learn about our practice philosophy, office hours and more!

Scan to register!



Life with Baby Post-Partum Class

Mom, Baby + Partner (2-4 weeks old)

**First Tuesday
of the Month
6:00 PM**

Scan to register!



Wednesday Wellness Education Series

Twice each month, one of our leading providers, physicians or surgeons will present on a variety of topics.

Scan to register!



Third Trimester Class

FOR NEW
MOMS
+ LABOR
COACHES

**Third Wednesday
of the Month
7:00 PM**

Scan to register!



Important Numbers

IHA Medical Group
Call Center
844-IHA-DOCS

Trinity Health Patient
Business Services (Billing)
800-494-5797

Trinity Health MyChart
Patient Portal support line
844-982-4278

IHA Medical
Group Imaging
734-434-0539

IHAcare.com



URGENT CARE

We are here to care for you seven days a week.

Brooklyn

212 S. Main St., Suite B
Brooklyn, MI 49230

P: 517-938-6085
F: 517-938-6086



Canton

1600 S. Canton Center Rd.
Canton, MI 48188

P: 734-844-8743
F: 734-844-8744



Domino's Farms

4200 Whitehall Dr.
Suite 150
Ann Arbor, MI 48105

P: 734-995-0308
F: 734-995-0425



East Brighton

5505 S. Old US 23, Suite 200
Brighton, MI 48116

P: 810-494-6810
F: 810-494-6805



EMU

1065 North Huron River Dr.
Suite 200
Ypsilanti, MI 48197

P: 734-896-4112
F: 734-896-4113



Hamburg

10020 Professional Centre Dr.
Suite 120
Hamburg, MI 48139

P: 810-231-6080
F: 810-231-0256



Howell

202 W. Highland Rd.
Howell, MI 48843

P: 517-338-9084
F: 517-338-9091



Milan

870 E. Arkona Rd.
Suite 105
Milan, MI 48160

P: 734-222-4150
F: 734-222-4151



Saline **Late Summer 2023**

7115 E. Michigan Ave.
Suite 200
Saline, MI 48176



Schoolcraft Campus

19000 St. Joe's Parkway
Suite 140
Livonia, MI 48152

P: 734-213-3688
F: 734-213-3687



Southeast Livonia

29370 Plymouth Rd.
Suite 200
Livonia 48150

P: 734-884-5212
F: 734-884-5213



South Lyon

23200 Pontiac Trail
South Lyon, MI 48178

P: 248-486-3310
F: 248-486-3309



Waterford

4400 Highland Rd.
Suite 200
Waterford, MI 48328

P: 248-599-6190
F: 248-618-0355



West Arbor

4350 Jackson Rd.
Suite 230
Ann Arbor, MI 48103

P: 734-887-4396
F: 734-887-4614



General Ultrasound Available



X-Ray Available

Please visit us online for the most up-to-date hours at:

IHAcares.com/urgentcare

What is Urgent Care?

Offering extended hours seven days a week including holidays, IHA Urgent Care is just what the patient ordered. No more waiting for hours in an Emergency Room, now you have a quicker, more cost-effective alternative that fits your schedule... and your budget.

We treat non-life-threatening medical conditions, such as:

- Back pain
- Cuts requiring stitches
- Conjunctivitis (pink eye)
- Fever or flu symptoms
- Fractures (broken bones)
- Headaches
- Mild to moderate allergic reactions
- Mild to moderate asthma
- Minor head injuries
- Seasonal allergies
- Sprains and strains
- Urinary tract infections (UTIs)

COVID-19 Related Symptoms at select Urgent Care locations:

- Cough
- Fever/Chills
- Shortness of Breath
- Fatigue
- Sore Throat
- Body Aches
- Nausea/Vomiting
- Pink Eye
- Loss of taste/smell
- Discolored fingers/toes
- Diarrhea
- Skin Rash

Visit IHAcares.com/covid19 for more info.



Save Your Spot

IHAcares.com/saveyourspot

Skip the wait and save your spot at our urgent care locations. Your saved spot is not a guaranteed appointment, but an option that allows you – or a sick family member – to seek care at a time that is convenient.



Trinity Health IHA Medical Group

PRIMARY CARE

LENAWEE COUNTY

Clinton

11775 Tecumseh-Clinton Hwy.
Clinton, MI 49236

P: 517-456-7449
F: 517-456-6059

Family Medicine

Sreevalli Attili, MD
Sarah Kaminsky, DO
Adam Kosteva, MD
Jeffrey Mendoza, DO
Cullen Salada, MD

LIVINGSTON COUNTY

Academic Family Medicine - Brighton

Trinity Health Medical Center - Brighton
7575 Grand River Ave., Suite 210
Brighton, MI 48114

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F: 810-494-6895

Family Medicine

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Andrew Cunningham, MD
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Jacquelynn Hatch, DO
Kathryn Lankton, DO, IBCLC
Cynthia Schuler, MD, CLC
Mark Zawisa, MD, FAAFP

East Brighton

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Family Medicine

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Family Medicine

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Hamburg

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Aaron Daniel, MD ■
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■ Internal Medicine/Pediatrics

Pinckney

10200 Dexter-Pinckney Rd., Suite 100
Pinckney, MI 48169

P: 734-878-1000
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Family Medicine

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Kelsey Scott, MD
Kristina Danko, CNP
Nicole Ehinger, CNP

Internal Medicine

Michelle Carveth, MD ■

■ Internal Medicine/Pediatrics

JACKSON COUNTY

Brooklyn

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OAKLAND COUNTY

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Family Medicine

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Clarkston

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Family Medicine

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Michael Scarchilli, DO
Bradford Woelke, MD
Tatyanna Coleman, CNP

Henderson Academic Primary Care

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Geetha Krishnamoorthy, MD
Bashar Maskoni, MD
Katie Zechar, MD

Lake Orion

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Lake Orion, MI 48360

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Family Medicine

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Internal Medicine

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Amy McCarthy, MD ■
Kathryn Rice, MD ■

■ Internal Medicine/Pediatrics

Rochester Hills

1854 W. Auburn Rd., Suite 100A
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Family Medicine

Victoria J. Torgler, DO

Internal Medicine

Walter Culver, MD ■

■ Internal Medicine/Pediatrics

South Lyon

23200 Pontiac Trail
South Lyon, MI 48178

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Family Medicine

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Family Medicine

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Internal Medicine

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■ Internal Medicine/Pediatrics

WASHTENAW COUNTY

Academic Internal Medicine - Ann Arbor Campus

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Internal Medicine

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Lisa Kutas, MD
Kevin Taylor, MD, FACP

Arbor Park

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Family Medicine

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Ross Schmaeman, MD
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Internal Medicine

Therese Benevich, MD ■

■ Internal Medicine/Pediatrics

Chelsea

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Rebekah Hudson, DO

Internal Medicine

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Abi Seeber, PA-C

Internal Medicine

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Yara Fardous, MD
Dorian Moore, MD
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Thuy Orlando, MD
Lisa Whipple, DO
Laurel Boelens, CNP, DNP
Abi Seeber, PA-C

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Milan

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Family Medicine

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G. Michael Jasbeck, MD
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Sarah Taub, MD
Carla Zahuranec, MD
Jane Imo, CNP
Lynn Lewis, CNP
Ashley Schwartz, CNP

Internal Medicine

Edward Kim, MD
Chad Krueger, MD
Cynthia Larson, MD, PhD

Neighborhood Primary Care - Ypsilanti

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Family Medicine

Emily Johnson, CNP

Internal Medicine

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Family Medicine

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Teleah Phillips, DO
Aleah Thompson, MD
Jay Lodwick, PA-C
Sherry Headley, CNP
C. Nikki Taylor, PA-C

Internal Medicine

Marie Armaout, DO ■
Kristin McFadden, DO
Gary Peppin, MD
Ronald Sanda, MD
Hongyan (Grace) Yang, MD, PhD ■

■ Internal Medicine/Pediatrics

WAYNE COUNTY

Academic Family Medicine - Northwest Livonia

37595 Seven Mile Rd., Suite 210
Livonia, MI 48152

P: 734-853-5694
F: 734-430-9388

Family Medicine

Katelyn Bonkowski, MD
Christine Brenner, MD
Charan Cheema, DO
Nicole B. Kohnen, MD
Alexa Norwick, MD
Nicole Robertson, MD
Nicole Rothenberg, MD ◆
David Michael Smeenge, MD
Michael Wowk, MD ◆

◆ Obstetric Care

Academic Internal Medicine - Northwest Livonia

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Livonia, MI 48152

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F: 734-793-2471

Internal Medicine

Lisa Harston-LeDoux, MD
Steven Kirby, MD
David Steinberger, MD, FACP
Randall Sternberg, MD

Canton

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Canton, MI 48188

P: 734-398-7880
F: 734-761-7318

Family Medicine

Raza Ali, MD
Diamond Shelby, MD
Yujing Murray, MD
Mary Nixon, MD
Bhavani Sundram, MD
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Ashley Richmond, CNP

Internal Medicine

Kimberly McCord, MD ■
Ellen B. Williams, MD

■ Internal Medicine/Pediatrics

Cherry Hill Village

49650 Cherry Hill Rd., Suite 120
Canton, MI 48187

P: 734-398-7800
F: 734-398-7805

Family Medicine

Mohammed Abdrabboh, MD
Sonia J. Haque-Uddin, MD
Nada Patel, MD
Sachi Patel, DO

Internal Medicine

Mira Agrawal, MD, FACP, DipABLM
Peter Meyers, DO
Theresa Poppe, MD, DipABLM
Tracey Sperry, DO, FACOI
Jeffrey Sweet, MD
Kristen Yee, MD
Jodi Lambert, CNP

Freedom

20206 Farmington Rd.
Livonia, MI 48152

P: 248-476-4724
F: 248-476-7091

Family Medicine

Randall Bickle, DO, JD, CPE
Gregory Monroe, DO

Internal Medicine

Derek DeSouza, MD
Prasad Mikkilineni, MD
Ratna Zampani, MD

Plymouth

990 W. Ann Arbor Trail, Suite 208
Plymouth, MI 48170

P: 734-455-1200
F: 734-455-5219

Family Medicine

Lauren Schrock, MD
Stephanie Gillman, PA-C

Internal Medicine

Willard Den Houter, MD
Craig Gertner, MD
Matthew Kohlenberg, MD ■
Ashley Schmehl, DO
Jeffrey Van Hooser, MD ■
Deborah Weener, MD

■ Internal Medicine/Pediatrics

Schoolcraft Campus

19000 St. Joe's Parkway, Suite 200
Livonia, MI 48152

P: 734-213-3685
F: 734-213-3686

Family Medicine

Sami Ahmed, MD
Barbra Alvir, DO
Jessica Haddad, MD
Michelle Klink, DO
Jenny Shih, DO
Alexia Stavropoulos, DO
Kayla Garrett, CNP

Internal Medicine

Michael Sanson, MD
Sherrie Tefend, MD

Southeast Livonia

29370 Plymouth Rd., Suite 100
Livonia, MI 48150

P: 734-655-8200
F: 734-655-8210

Family Medicine

Candace Cooper, DO

Internal Medicine

Shyran Hines-Fenderson, MD ■
Rachel Marcucci, MD ■
Jane Philip, MD ■
Erin Walton-Doyle, MD ■

■ Internal Medicine/Pediatrics



Trinity Health Academic Practices

Our team of faculty and resident physicians provide the most up-to-date, evidence-based medical care in a caring, compassionate environment. Working closely with each of our patients, we develop personalized care plans with a special emphasis on preventive care so that, in addition to helping you with health concerns, we can work with you to avoid ones that may come up in the future.

Trinity Health IHA Medical Group Senior Primary Care & Consult Services

We specialize in providing primary care to patients aged 65 and older who have a history of complex conditions that require frequent visits.

Physicians and staff provide support to aging adults and caregivers by offering a comprehensive assessment, developing a plan and making connections to local resources. Each patient completes an initial questionnaire, receives an in-depth assessment and recommendations for care or resources to enhance the quality of life.

Senior Primary Care Services Offered:

- Annual wellness checks
- Chronic care visits
- Immunizations
- Cognitive assessments
- Home visits
- Support in setting and achieving health goals
- Coordination and continuity of health care when moving from one health care setting to another



Ann Arbor Campus

Opening May 8

Trinity Health Towsley Medical Center
5361 McAuley Drive
Ypsilanti, MI 48197

P: 734-712-9968
F: 734-222-3106

Aishah Raffee, DO, AGSF
Alvin Vargas, DO
Amy Bakalar, CNP



What is Internal Medicine/Pediatrics?

With a focus on lifelong preventive health care and overall well-being, our internal medicine and pediatric physicians and staff specialize in primary care for infants, children and adults. Internal Medicine/Pediatrics, sometimes called Med-Peds, is the combination of Internal Medicine (primary care for adults) and Pediatrics (primary care for infants, children and adolescents). Physicians receive an additional year of training and are board-certified in both internal medicine and pediatrics.

We have many providers in several of our primary care practices who can care for your child.

Arbor Park
Therese Benevich, MD

Canton
Kimberly McCord, MD

Howell
Bassel Atasi, MD
Aaron Daniel, MD

Lake Orion
Timothy Dickson, MD
Theresa Larsen, MD
Amy McCarthy, MD
Kathryn Rice, MD

Plymouth
Matthew Kohlenberg, MD
Jeffrey Van Hooser, MD

Rochester Hills
Walter Culver, MD

Southeast Livonia
Shyran Hines-Fenderson, MD
Rachel Marcucci, MD
Jane Philip, MD
Erin Walton-Doyle, MD

West Arbor
Hongyan (Grace) Yang, MD, PhD

Neighborhood
Bassel Atasi, MD
Corey Dean, MD, FAAP, FACP
Suzette D. LaVigne, MD, MPH, FAAP
Tomas Murphy, MD
Sara Platte, MD, FAAP

See pages 4 & 5 for details.

Trinity Health IHA Medical Group

PEDIATRICS

Arbor Park

4936 W. Clark Rd., Suite 101
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Cindi Frederiksen, CNP

Chelsea

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Hayley Teich, MD, FAAP
Judy Tosto, MD, FAAP
C. Faith Victoria, MD
Becca Wise, DO
Bryn Gerich, CNP
Molly McIntyre, CNP
Wendy Storey, CNP, IBCLC
Kerry Swanton, CNP

Domino's Farms

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Lisa Whitehead, MD, FAAP
Frances Youssef, MD, FAAP
Aubree Blumer, CNP

Genoa

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Stacey O'Connor, DO, FAAP
Melissa Zarow, DO, FAAP
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Kristen Upton, CNP, IBCLC

Orchard

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Jenna Millstead, MD
Christine Stankovic, MD, FAAP
David Tobin, MD
Nicole Dillon, CNP
Kelly Spooner, CNP
Shannon Schwartz, CNP
Tara Valentine, CNP, AE-C

Schoolcraft Campus

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Kimberly Dunleavy, CNP

Union Lake

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Melissa Pike, MD, FAAP
Wendy Roberts, MD, FAAP
Jamie Thompson, MD, FAAP
Matthew Waier, MD, FAAP
Eric Wheatley, MD, FAAP
Emma Adams, CNP, IBCLC
Mary Dobbs, CNP

Pediatric Specialties in Oakland

Trinity Health - Oakland Campus
Oakland Medical Office Building
44555 Woodward Ave.
Suite 105
Pontiac, MI 48341

P: 248-287-7500
F: 248-287-7501

Cardiology

Pediatric Cardiology is different from the way cardiologists treat adult patients. The structure of children's hearts is different and smaller than adults' heart structure. Pediatric cardiologists have special training and experience treating conditions that affect the structure or rhythm of children's hearts. Pediatric cardiologists work closely with your child's pediatrician. They don't do surgery.



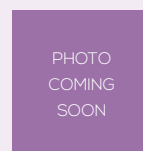
Clinton
Cochran, MD



Daniel
Turner, MD

Orthopaedics

Our team provides full-service care to newborns through young adults. Children with a bone, muscle or joint issue deserve comprehensive treatment from experts who specialize in caring exclusively for children and their unique needs. We believe that a team-based approach to musculoskeletal health, where bone and joint specialists with different backgrounds work together, provides the optimal care for each individual patient.



Noelle
Whyte, MD



Christianne
Marshall, PA-C

Urology

Pediatric urologists offer evaluation, diagnosis and treatment for infants, children and adolescents with abnormalities involving the kidneys, ureters, bladder, urethra and the reproductive organs of children. From routine, simple procedures to rare and complex conditions, we offer innovative, evidence-based treatment and a unique level of support and resources for children and families.



John
Park, MD



Julian
Wan, MD

A collaboration with our teams:



OBSTETRICS & GYNECOLOGY

Academic Obstetrics & Gynecology - Ann Arbor Campus

Reichert Medical Center
5333 McAuley Dr., Suite 2110
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Pamela Davies, MD
Grace Mishkin, CFNP, CNM

Academic Obstetrics & Gynecology - Pontiac

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Maternal-Fetal Medicine

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Adib Abdelrahman, DO
Tatiana Harr, MPAS, PA-C
Amanda Hirsch, CNP
Molly Muir, CNM, CNP

OB Ultrasound

We have four locations for OB (obstetric) ultrasound. OB ultrasound is located within Maternal-Fetal Medicine Arbor Park, Oakland Hospital and West Arbor. OB Ultrasound has an additional location in Obstetrics & Gynecology - Brighton. A specially trained person known as a registered diagnostic medical sonographer (RDMS) will perform the examination which will be reviewed by a physician trained in fetal imaging.



Trinity Health Perinatal Wellness Center

The Trinity Health Perinatal Wellness Center is a comprehensive practice caring for women during and after their pregnancies. The Perinatal Wellness Center offers postpartum follow-up visits, perinatal mental health services, our breastfeeding medicine care and more.

Reichert Medical Center
5333 McAuley Dr., Ste. 2106, Ypsilanti, MI 48197

P: 734-213-3680 **F:** 734-213-3681

Angela Welton, LPC, IBCLC

Breastfeeding Medicine

Our International Board Certified Lactation Consultants (IBCLC) are board-certified providers or registered nurses who can provide you with expert care before, during and after your baby is born to ensure that you have the support and education you need to feel comfortable and confident in your decision to breastfeed. All lactation consultants provide breastfeeding support consistent with the recommendations of both the American Academy of Pediatrics, the International Board of Lactation Consultant Examiners and the Academy of Lactation Policy and Practice.

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Lisa A. Hammer, MD, IBCLC **Beth Hoskins, LPN, IBCLC**
Kathryn Lankton, DO, IBCLC **Emily Piniatoglou, CNP, IBCLC**
Nancy Dmitrichina, RN, IBCLC

Lactation consultants are available for one-on-one breastfeeding assistance. They can handle many types of breastfeeding issues including, but not limited to:

- Basic breastfeeding education
- Support and encouragement
- Help continuing with breastfeeding after returning to work or school
- Latch-on problems
- Sore nipples or engorgement
- Slow weight gain of infant
- Insufficient breast milk
- Medical conditions such as prematurity, Down syndrome, cleft lip and/or palate
- Breastfeeding multiples

Nurse Midwives

Bloomfield

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Jacqueline Clark, CNM
Missy Furllette-Koski, CNM
Kenyatta Herndon, CNM
Jessica Hoskins, CNM
Ciara Hunt, CNM
Jennifer Kelley, CNM
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Katie Kern, CNM
Nicole Sekulich, CNM
Stephanie Yaldoo, CNM

What is Midwifery?

Women are unique in many ways, very much like our Nurse Midwives. We not only offer comprehensive prenatal and childbirth services, but also provide the entire spectrum of well-woman gynecological care. With a focus on wellness education, our midwives are committed to enhancing a woman's self-reliance and trust in her normal life process. Our practice evidence-based medicine offering comprehensive women's health care, from preconception counseling, obstetrical and gynecologic services, normal labor management and vaginal deliveries.

SCAN HERE to meet the midwives!



Trinity Health IHA Medical Group

SURGERY

Academic Surgery - Ann Arbor Campus

Riechert Medical Center
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Bariatric Surgery

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Livingston Campus
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Oakland Campus
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Meredith Chapel, CNP
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Brain & Spine Surgery

Ann Arbor Campus
Michigan Orthopedic Center
5315 Elliott Dr., Suite 102
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Brighton
Trinity Health Medical
Center - Brighton
7575 Grand River Rd., Suite 205
Brighton, MI 48114

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Danielle Berthold, RNFA, MSN, CNP
Kurt Hiester, MS, PA-C
Brandon Kenschuh, CNP
Meaghan Littleton, MS, PA-C
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Breast Surgery

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Cardiac Surgery
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Robert Lyons, MD, FACS
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Robert Robinson, MD

Trauma Surgery

Trauma surgeons perform emergency procedures to save people's lives when they have been critically injured, and undergo rigorous training to be able to treat a wide variety of life-threatening injuries.

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Montgomery Gillard, MD, FAAD, FACMS

Recovery Medicine

Ann Arbor Campus

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Endocrinology

Arbor Park

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Rochester Hills

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Rochester Hills, MI 48309

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Waterford

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John Sherbeck, MD
Joseph Tworek, MD
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● *Dermatopathologist*

Trinity Health Sleep Disorders Centers

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Hematology Oncology

Ann Arbor Campus

Trinity Health Cancer Center - Ann Arbor
5303 Elliott Dr., Suite 210
Ypsilanti, MI, 48197

Brighton

Trinity Health Medical Center - Brighton
7575 Grand River Ave.
Brighton, MI 48114

Canton

Trinity Health Medical Center - Canton
1600 S. Canton Center Rd.
Canton, MI 48188

Chelsea Hospital

Trinity Health Cancer Center - Chelsea
775 S. Main St.
Chelsea, MI 48118

Livonia Hospital

Trinity Health Cancer Center - Livonia
14555 Levan Rd., Suite 112
Livonia, MI 48154

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Trinity Health Oakland Hospital
Alice Gustafson Center
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Infectious Diseases

Ann Arbor Campus

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Neurology

Ann Arbor Campus

Reichert Medical Center
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Livingston Campus

Trinity Health St. Joseph Mercy Livingston
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Palliative Care

Ann Arbor Campus

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Pulmonary, Critical Care & Sleep Medicine

Ann Arbor Campus

Reichert Medical Center
5333 McAuley Dr., Suite 3111
Ypsilanti, MI 48197

Chelsea Campus

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14650 E. Old US Highway 12
Suite 302
Chelsea, MI 48118

Livingston Campus

Trinity Health Livingston Hospital
McPherson Professional Building
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Rheumatology

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Genoa

Genoa Medical Center
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Suite 200
Brighton, MI 48114

Schoolcraft Campus

Trinity Health Medical
Center - Schoolcraft Campus
19000 St. Joe's Parkway, Suite 400
Livonia, MI 48152

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Trinity Health Medical
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Ann Arbor, MI 48103

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Ann Arbor Campus

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Trinity Health Medical
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7575 Grand River Ave., Suite 206
Brighton, MI 48114

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Canton

Trinity Health Medical
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Chelsea Campus

Chelsea Professional
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Suite 204
Chelsea, MI 48118

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Trinity Health Cancer
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14555 Levan Rd., Suite 203
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In the Hospital

Hospital Medicine

P: 877-336-6307 F: 734-887-8978

Our Hospital Medicine team is staffed with experienced internists, family medicine physicians and advance practice providers who are experts in the management and coordination of care of hospitalized patients. The Hospital Medicine team cares for patients hospitalized at Trinity Health Ann Arbor, Livingston, Chelsea and Livonia. Our providers are available 24 hours a day, seven days a week and regularly care for hospitalized adult patients with complex needs. Our team members coordinate the involvement of other Specialist providers and Ancillary Services, communicating with patients, families and works in partnership with your primary care physician to ensure a smooth and effective follow up plan after discharge.

Neonatology

P: 877-336-6307 F: 734-887-8979

Neonatology or neonatal medicine is a subspecialty of pediatrics that specializes in care of newborn infants, especially the seriously ill or premature newborn. Our Neonatology team is staffed by Neonatologists and Neonatal Nurse Practitioners that provide hospital based care in a Neonatal Intensive Care Unit (NICUs) or Special Care Nursery. Our providers are in the hospital and available 24 hours a day, seven days a week and provide treatment for breathing difficulties, birth defects, premature birth, feeding difficulties and many other conditions affecting newborn infants. Our Neonatology team provides care for newborn infants at Trinity Health St. Joseph Mercy Ann Arbor and Trinity Health St. Mary Mercy Livonia.

Pediatric Hospital Medicine

P: 877-336-6307 F: 734-887-8979

Pediatric Hospitalists are pediatricians who specialize in hospital medicine and newborn care. The pediatric hospitalists care for patients at Trinity Health Ann Arbor and Trinity Health Livonia. Our providers are available 24 hours per day, seven days a week and regularly care for hospitalized children and newborns. The Pediatric Hospitalist team is well equipped to deal with the sometimes challenging behavioral and psychological effects on children who are sick and need to be hospitalized. The team will pay special attention to communication with your child's primary care physician, that way the transition home and any follow up care needed can be easy and effective. Our Pediatric Hospitalists understand the coordination of care for acute disorders and newborn care, and are able to recognize and diagnose unusual disorders, anticipate problems and rapidly respond to crises or changes in a patient's condition.

Collaborative Care Behavioral Health Program

We work with patients who may have anxiety and/or depression – right here in your physician's office! Our team is made up of a behavioral health specialist, your physician and a psychiatrist who talks with your doctor and behavioral health specialist. We all work together to help improve your overall well-being. In this program, the behavioral health specialist works with you to build skills and techniques to better manage your depression and/or anxiety. If you are interested in using medication to help control your symptoms, our team psychiatrist will talk to your behavioral health specialist and your physician to figure out the best treatment options.



Behavioral Health Program

- A behavioral health specialist will work with you for 3-6 months offering brief behavioral interventions
- They will check in often with you over the phone or at your physician's office
- A psychiatrist consults with your behavioral health specialist and your primary care physician to help determine treatment options
- Your behavioral health specialist only works with patients experiencing depression and anxiety

Trinity Health Academic Psychiatry & Counseling

We provide quality outpatient psychiatry for adults, and counseling for patients 12 and older.

Trinity Health Medical Center - Schoolcraft Campus
19000 St. Joe's Parkway
Suite 310
Livonia, MI 48152

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Megan Powers, LPC
Amanda Warren, LMSW

Pediatric Behavioral Health Care

The IHA Medical Group Pediatric Behavioral Health Care team empowers children and their families to cope with behavioral issues and challenges so they can work toward healthy family growth.



Behaviors addressed include:

- Depression or anxiety
- Behavior concerns disruptive to school or home life
- Sleep issues
- Coping with stressful events such as illness, death in the family, starting or changing schools
- Problems with friends or bullying
- Divorce or remarriage
- Post-traumatic experiences

Working together:

- We work in collaboration with your child's physician to improve your child's or adolescent's overall health
- We help the family to more fully understand the nature of a child or adolescent's behavior and provide the tools to help them successfully navigate whatever challenges they are facing
- We will assess the most effective strategies for helping your child or adolescent and provide an opportunity for parents to clarify their own feelings
- We provide education and strategies to parents to empower families



What is Care Management?

At Trinity Health IHA Medical Group, Care Management works with patients who have moderate to complex illnesses. Located in your primary care practice, the care manager works in collaboration with your primary care physician and medical team to improve your overall health. The care manager works with you to assess and proactively manage your health, helping you to identify areas that you would like to improve or better manage.

Together you will work to build skills and techniques to better manage your health care conditions. Your care manager will help you set obtainable goals that are realistic, help you to identify solutions to overcome barriers and provide ongoing support and encouragement. This is a personalized service based on your needs. The care manager will call and meet with you regularly in your physician's office when it is convenient for you.

Nutrition Services

Our nutrition specialists offer nutrition counseling services at many locations. Their expertise can provide you with the necessary knowledge to achieve all of your individual and family dietary needs.

- One-on-one nutrition counseling
- Easy to follow, customized eating plans to achieve/maintain a healthy weight
- Prevention/management of chronic disease through dietary and lifestyle changes
- Guidance in managing nutrition science to form healthy habits that will help you look and feel better
- Assistance with all of the misinformation about food and nutrition
- Weight management programs
- A healing approach to treating diagnosed medical conditions and their associated symptoms

Women's Behavioral Health Care

The Women's Behavioral Health Care team empowers women ages 16 years and older to cope with issues and challenges so they can work toward healthy growth.

Psychotherapy services are available for the following areas:

- Preconception health and wellness
- Mood and anxiety concerns (depression, anxiety, posttraumatic stress disorder, and/or panic attacks)
- Sexual assault
- Domestic abuse
- Unresolved trauma (history of childhood physical, emotional, and sexual abuse, as well as neglect)
- Infertility, pregnancy loss and adoption
- Marriage or relationship concerns
- Parenting concerns
- Self-esteem problems
- Stress reduction and management in work and life
- Grief and loss issues

Trinity Health

Gastroenterology

Trinity Health St. Mary Mercy - Livonia Campus
Marian Professional Building
14555 Levan Rd., Suite 116
Livonia, MI 48154
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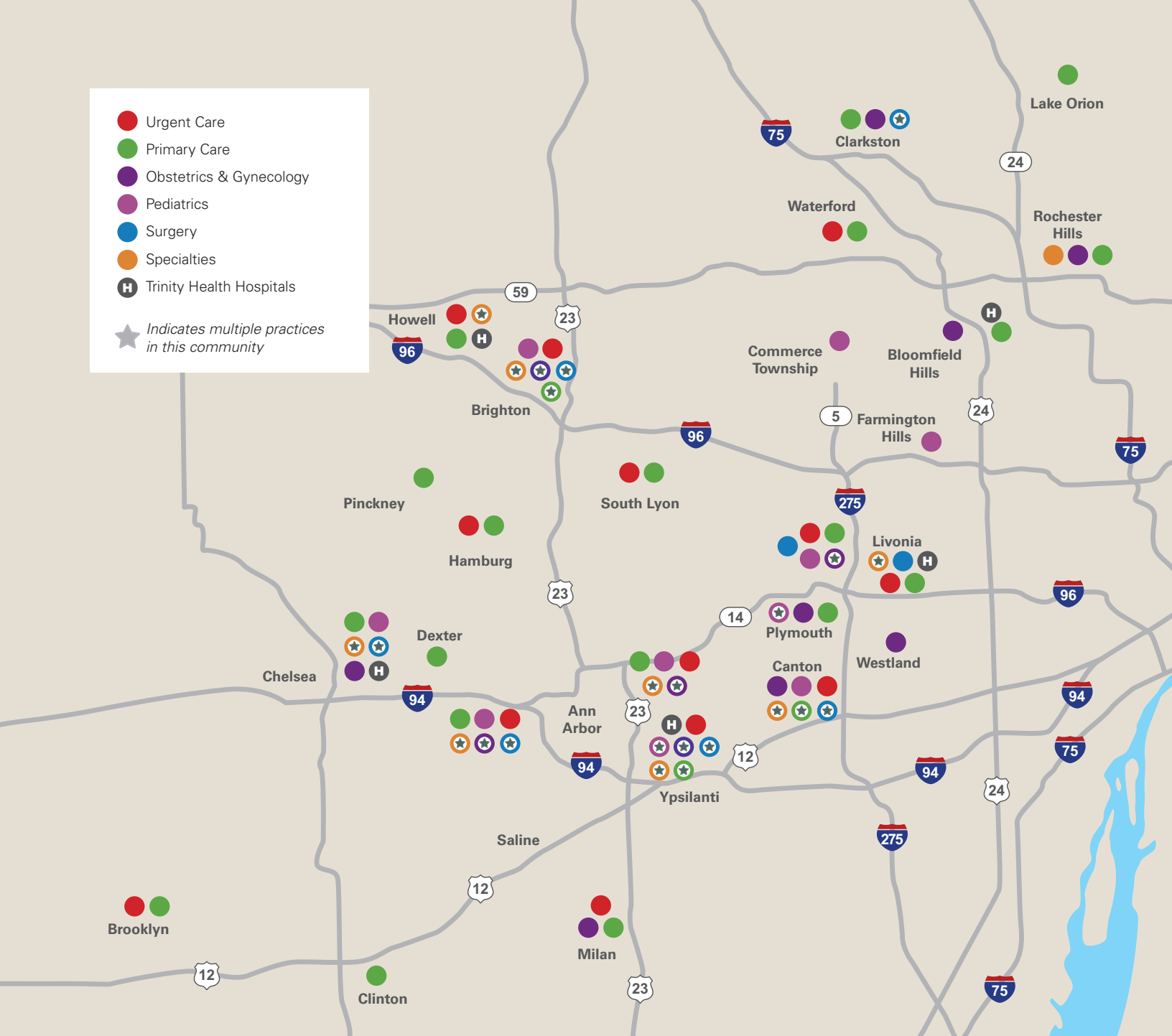
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Physical Medicine & Rehabilitation

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Matthew Sleziak, DO
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- Urgent Care
- Primary Care
- Obstetrics & Gynecology
- Pediatrics
- Surgery
- Specialties
- Trinity Health Hospitals
- Indicates multiple practices in this community



We keep growing!

We are always hiring. Starting pay is \$15 per hour! Visit IHAcare.com/staffopenings for job postings.
Please visit us online at IHAcare.com for provider and practice location updates.



Trinity Health IHA Medical Group