



Guide to Care

30 years of our family
caring
for yours.

1994-2024



Trinity Health

IHA Medical Group

Welcome to Trinity Health IHA Medical Group. We are here for you, with nearly 1,000 health care providers in over 125 locations close to your home or work. Please use this guide or go online at IHAcars.com to learn more about our team and how we may care for you and your family.

Free Patient Events

meet the pediatric providers

Our pediatric practices hold monthly group meetings for expectant parents and parents of potential new patients. Ask questions, learn about our practice philosophy, office hours and more!

Scan to register!



Life with Baby Post-Partum Class

Mom, Baby + Partner (2-4 weeks old)

First Tuesday
of the Month
6:00 PM

Scan to register!



Wednesday Wellness Education Series

Twice each month, one of our leading providers, physicians or surgeons will present on a variety of topics.

Scan to register!



Third Trimester Class

FOR NEW
MOMS
+ LABOR
COACHES

Third Wednesday
of the Month
7:00 PM

Scan to register!



Important Numbers

IHA Medical Group
Call Center
844-IHA-DOCS

Trinity Health Patient
Business Services (Billing)
800-494-5797

Trinity Health MyChart
Patient Portal support line
844-982-4278

IHA Medical
Group Imaging
734-434-0539

IHAcars.com



URGENT CARE

We are here to care for you seven days a week.

Brooklyn

212 S. Main St., Suite B
Brooklyn, MI 49230

P: 517-938-6085
F: 517-938-6086



Canton

1600 S. Canton Center Rd.
Canton, MI 48188

P: 734-844-8743
F: 734-844-8744



COMING SEPTEMBER!

Chelsea

14288 E. Old US Highway 12
Chelsea, MI 48118

Domino's Farms

4200 Whitehall Dr.
Suite 150
Ann Arbor, MI 48105

P: 734-995-0308
F: 734-995-0425



East Brighton

5505 S. Old US 23, Suite 200
Brighton, MI 48116

P: 810-494-6810
F: 810-494-6805



EMU

1065 North Huron River Dr.
Suite 200
Ypsilanti, MI 48197

P: 734-896-4112
F: 734-896-4113



Hamburg

10020 Professional Centre Dr.
Suite 120
Hamburg, MI 48139

P: 810-231-6080
F: 810-231-0256



Howell

202 W. Highland Rd.
Howell, MI 48843

P: 517-338-9084
F: 517-338-9091



Milan

870 E. Arkona Rd., Suite 105
Milan, MI 48160

P: 734-222-4150
F: 734-222-4151



Saline

7115 E. Michigan Ave., Suite 200
Saline, MI 48176

P: 734-977-0197
F: 734-977-0218



Schoolcraft Campus

19000 St. Joe's Parkway
Suite 140
Livonia, MI 48152

P: 734-213-3688
F: 734-213-3687



Southeast Livonia

29370 Plymouth Rd.
Suite 200
Livonia 48150

P: 734-884-5212
F: 734-884-5213



South Lyon

23200 Pontiac Trail
South Lyon, MI 48178

P: 248-486-3310
F: 248-486-3309



Waterford

4400 Highland Rd.
Suite 101
Waterford, MI 48328

P: 248-599-6190
F: 248-618-0355



West Arbor

4350 Jackson Rd.
Suite 230
Ann Arbor, MI 48103

P: 734-887-4396
F: 734-887-4614



What is Urgent Care?

Offering extended hours seven days a week including holidays, IHA Urgent Care is just what the patient ordered. No more waiting for hours in an Emergency Room, now you have a quicker, more cost-effective alternative that fits your schedule... and your budget.

We treat non-life-threatening medical conditions, such as:

- Abdominal pain (non-severe)
- Headaches
- Back pain and neck pain
- Colds, coughs and flu symptoms
- Cuts requiring stitches
- Conjunctivitis (pink eye)
- Sports physicals
- Flu shots
- Sore throats, ear infections and sinus infections
- Seasonal allergies
- Skin rashes
- Bumps, cuts, sprains and strains
- Most fracture care, including splinting and bracing
- Imaging
- Minor eye problems
- Minor procedures, including laceration repair
- Minor head injuries
- Mild to moderate allergic reactions
- Mild to moderate asthma
- Urinary tract infections (UTIs)



Save Your Spot

IHAcars.com/saveyourspot

Skip the wait and save your spot at our urgent care locations. Your saved spot is not a guaranteed appointment, but an option that allows you – or a sick family member – to seek care at a time that is convenient.



Please visit us online for the most up-to-date hours at:
IHAcars.com/urgentcare

Pediatric Urgent Care

COMING AUGUST 26!

West Arbor

4350 Jackson Rd.
Suite 230
Ann Arbor, MI 48103

P: 734-545-1362
F: 734-545-1363



General Ultrasound Available



X-Ray Available



Trinity Health IHA Medical Group
PRIMARY CARE

LENAWEE COUNTY

Clinton

11775 Tecumseh-Clinton Hwy.
Clinton, MI 49236

P: 517-456-7449
F: 517-456-6059

Family Medicine
Sreevalli Attili, MD
Ahmad Bilal, MD
Adam Kosteva, MD
Jeffrey Mendoza, DO
Arooj Mian, MD
Cullen Salada, MD
Sherry Headley, CNP

LIVINGSTON COUNTY

**Academic Family
Medicine - Brighton**

Trinity Health Medical
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P: 810-844-7950
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Family Medicine
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Benjamin Gilbert, DO
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Carranda Koop, MD
■ *Internal Medicine/Pediatrics*

Pinckney

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JACKSON COUNTY

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**Henderson Academic
Primary Care**

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Benjamin Diaczok, MD
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Lake Orion

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Rochester Hills

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**WASHTENAW
COUNTY**

**Academic Internal
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Campus**

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Anupam Suneja, MD

Ann Arbor Campus

Trinity Health Towsley
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Internal Medicine
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Daniel Cahill, MD
Jie Dong, MD, MPAS
Daniel Jeung, MD
Lisa Kutas, MD
Kevin Taylor, MD, FACP

Arbor Park

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Family Medicine
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Family Medicine

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Internal Medicine

Shan N. Ansari, MD
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Jyoti Sutter, MD
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Dexter

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Family Medicine

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Abi Seeber, PA-C

Internal Medicine

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Dorian Moore, MD
Heather Simpkins, MD
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Adam Vaughn, DO

EMU

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Lifestyle Medicine Primary Care

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Family Medicine

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Britzy Joseph, MD
Sarah Taub, MD
Carla Zahuranec, MD
Jane Imo, CNP
Lynn Lewis, CNP
Ashley Schwartz, CNP

Internal Medicine

Edward Kim, MD
Chad Krueger, MD

Neighborhood Primary Care - Ypsilanti

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111 N. Huron St., Suite 200
Ypsilanti, MI 48197

P: 734-547-7977
F: 734-572-4855

Family Medicine

Emily Johnson, CNP

Internal Medicine

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Bushra Hussain, MD
Suzette D. LaVigne, MD, MPH, FAAP ■
Tomas Murphy, MD ■
Sara Platte, MD, FAAP ■

Saline

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Family Medicine

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Sarah Kaminsky, DO
Matthew G. Moore, MD

Internal Medicine

Cynthia Larson, MD, PhD

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Family Medicine

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Avalon Elliott, DO
Benjamin Kaplan, DO
Meera Krishnashastry, MD
Yi Emily Li, MD
Allison Nesbitt, DO
Daniel Pettit, DO
Teleah Phillips, DO
Aleah Thompson, MD
Jay Lodwick, PA-C
Amy Slotten, DNP, IBCLC
Anne Smiarowski, PA-C
C. Nikki Taylor, PA-C

Internal Medicine

Marie Amaout, DO ■
Kristin McFadden, DO
Gary Peppin, MD
Ronald Sanda, MD
Hongyan (Grace) Yang, MD, PhD ■

WAYNE COUNTY

Academic Family Medicine - Northwest Livonia

37595 Seven Mile Rd., Suite 210
Livonia, MI 48152

P: 734-853-5694
F: 734-430-9388

Family Medicine

Katelyn Bonkowski, MD
Christine Brenner, MD *
Charan Cheema, DO
Nicole B. Kohnen, MD
Alexa Norwick, MD
Nicole Robertson, MD
Nicole Rothenberg, MD ◆
David Michael Smeenge, MD
Michael Wowk, MD ◆

Academic Internal Medicine - Northwest Livonia

37595 Seven Mile Rd., Suite 340
Livonia, MI 48152

P: 734-793-2470
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Internal Medicine

Lisa Harston-LeDoux, MD
Steven Kirby, MD
Mariola Leka, MD

Canton

1600 S. Canton Center Rd., Suite 200
Canton, MI 48188

P: 734-398-7880
F: 734-761-7318

Family Medicine

Raza Ali, MD
Jacob Gates, MD
Yujing Murray, MD
Muhareb Mustafa, MD
Mary Nixon, MD
Diamond Shelby, MD
Bhavani Sundram, MD
Jamie Galvan, CNP
Madeline Madison, CNP
Ashley Richmond, CNP

Internal Medicine

Kimberly McCord, MD ■
Ellen B. Williams, MD

Cherry Hill Village

49650 Cherry Hill Rd., Suite 120
Canton, MI 48187

P: 734-398-7800
F: 734-398-7805

Family Medicine

Mohammed Abdrabboh, MD
Emily Cox, DO
Sonia J. Haque-Uddin, MD
Frank Parinello, DO
Nada Patel, MD
Sachi Patel, DO
Manuj Rattan, MD

Internal Medicine

Mira Agrawal, MD, FACP, DipABLM
Peter Meyers, DO
Theresa Poppe, MD, DipABLM
Jeffrey Sweet, MD
Kristen Yee, MD
Jodi Lambert, CNP

Freedom

20206 Farmington Rd.
Livonia, MI 48152

P: 248-476-4724
F: 248-476-7091

Family Medicine

Randall Bickle, DO, JD, CPE
Sudha Chakravarty, MD

Internal Medicine

Samuel Fawaz, MD
Prasad Mikkilineni, MD
Trishya Reddy, MD
Randall Sternberg, MD

Plymouth

990 W. Ann Arbor Trail, Suite 208
Plymouth, MI 48170

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F: 734-455-5219

Family Medicine

Jeffrey Chiambretti, DO
Lauren Lumley, DO
Kaitlyn Perkins, DO
Lauren Schrock, MD
Stephanie Gillman, PA-C

Internal Medicine

Willard Den Houter, MD
Matthew Kohlenberg, MD ■
Ashley Schmehl, DO
Jeffrey Van Hooser, MD ■
Deborah Weener, MD

Schoolcraft Campus

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Livonia, MI 48152

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F: 734-213-3686

Family Medicine

Sami Ahmed, MD
Barbra Alvir, DO
Jessica Haddad, MD
Michelle Klink, DO
Jenny Shih, DO
Quentin Simmons, MD
Alexia Stavropoulos, DO
Kayla Garrett, CNP

Internal Medicine

Michael Sanson, MD
Sherrie Tefend, MD

Southeast Livonia

29370 Plymouth Rd., Suite 100
Livonia, MI 48150

P: 734-655-8200
F: 734-655-8210

Family Medicine

Candace Cooper, DO
Trevor Evans, DO
Jessica Love, MD ■
Kimberly Snowdon, CNP, IBCLC

Internal Medicine

Shyran Hines-Fenderson, MD ■
Rachel Marcucci, MD ■
Erin Walton-Doyle, MD ■

■ Internal Medicine/Pediatrics

◆ Obstetric Care

* Pediatrician

What is Internal Medicine/ Pediatrics?

With a focus on lifelong preventive health care and overall well-being, our internal medicine and pediatric physicians and staff specialize in primary care for infants, children and adults. Internal Medicine/Pediatrics, sometimes called Med-Peds, is the combination of Internal Medicine (primary care for adults) and Pediatrics (primary care for infants, children and adolescents). Physicians receive an additional year of training and are board-certified in both internal medicine and pediatrics.

Arbor Park
Therese Benevich, MD

Canton
Kimberly McCord, MD

Howell
Bassel Atasi, MD
Aaron Daniel, MD

Lake Orion
Timothy Dickson, MD
Amy McCarthy, MD
Kathryn Rice, MD

Neighborhood
Bassel Atasi, MD
Corey Dean, MD, FAAP, FACP
Suzette D. LaVigne, MD, MPH, FAAP
Tomas Murphy, MD
Sara Platte, MD, FAAP

Pinckney
Michelle Carveth, MD

Plymouth
Matthew Kohlenberg, MD
Jeffrey Van Hooser, MD

Rochester Hills
Walter Culver, MD

Southeast Livonia
Shyran Hines-Fenderson, MD
Rachel Marcucci, MD
Erin Walton-Doyle, MD

Waterford
Leslie Caren, MD

West Arbor
Hongyan (Grace) Yang, MD, PhD

See pages 4 & 5 for details.

Trinity Health IHA Medical Group Senior Primary Care & Consult Services

We specialize in providing primary care to patients aged 65 and older who have a history of complex conditions that require frequent visits.

Physicians and staff provide support to aging adults and caregivers by offering a comprehensive assessment, developing a plan and making connections to local resources. Each patient completes an initial questionnaire, receives an in-depth assessment and recommendations for care or resources to enhance the quality of life.

Senior Primary Care Services Offered:

- Annual wellness checks
- Chronic care visits
- Immunizations
- Cognitive assessments
- Home visits
- Support in setting and achieving health goals
- Coordination and continuity of health care when moving from one health care setting to another



Ann Arbor Campus

Trinity Health Towsley
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Alvin Vargas, DO
Julian Watkins, CNP

Pediatric Specialties in Oakland

Oakland Medical Office Building 44555 Woodward Ave., Pontiac, MI 48341

P: 248-287-7500 **F:** 248-287-7501

Cardiology

| Suite 105 |

Clinton Cochran, MD
Daniel Turner, MD

Pediatric Cardiology is different from the way cardiologists treat adult patients. The structure of children's hearts is different and smaller than adults' heart structure. Pediatric cardiologists have special training and experience treating conditions that affect the structure or rhythm of children's hearts. Pediatric cardiologists work closely with your child's pediatrician. They don't do surgery.

Gastroenterology

| Suite 505 |

Shuemein Julia Mar, MD

This clinic offers diagnosis and treatment of a variety of gastrointestinal diseases including inflammatory bowel disease, celiac disease, eosinophilic esophagitis, irritable bowel syndrome, gastroesophageal reflux disease (GERD), constipation, functional abdominal pain and functional dyspepsia. We also offer diagnostic upper endoscopies and colonoscopies.

Hematology Oncology

| Suite 505 |

Jennifer Blase, MD, PhD

This clinic offers comprehensive care for pediatric cancers and blood disorders. Specifically, we offer both outpatient clinic appointments and infusion services for chemotherapy, blood products, and treatments for immune deficiencies.



Trinity Health IHA Medical Group

PEDIATRICS

Arbor Park

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Marla Mikelaite, MD, FAAP
Kandice Schifko, MD
Adriana Benedetto, CNP
Marissa DaSilva, CNP, IBCLC
Cindi Frederiksen, CNP
Barbara Putman, CNP

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C. Emily Heung, MD
Tara Kelly, MD
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Lisa Sprague, MD, FAAP
Hayley Teich, MD, FAAP
Judy Tosto, MD, FAAP
Abigail Troy, DO
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Becca Wise, DO
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Lisa Whitehead, MD, FAAP
Frances Youssef, MD, FAAP
Aubree Blumer, CNP

Farmington Hills

(Formerly Orchard)

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Bethany Hall, MD, FAAP
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Chris Kottke, MD, FAAP
Stacey O'Connor, DO, FAAP
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Jenna Millstead, MD
Christine Stankovic, MD, FAAP
David Tobin, MD
Nicole Dillon, CNP
Brook Nayak, CNP
Kelly Roberts, CNP
Shannon Schwartz, CNP
Tara Valentine, CNP, AE-C

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Rachel Nash, MD, CLC, MPH, FAAP
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Brook Nayak, CNP
Paris Simono, CNP

Union Lake

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William Chamness, MD, FAAP
Carmen Green-Lee, MD, FAAP
Omkar Karthikeyan, MD, FAAP
Melissa Pike, MD, FAAP
Brittany Raburn, MD
Wendy Roberts, MD, FAAP
Jamie Thompson, MD, FAAP
Matthew Waier, MD, FAAP
Eric Wheatley, MD, FAAP
Emma Adams, CNP, IBCLC
Mary Dobbs, CNP
Kelly Strickler, CNP, IBCLC

A collaboration with our teams:



Ophthalmology

Suite 405

Christopher Gappy, MD

Our clinic offers primary care of common children's eye problems as well as comprehensive evaluations and follow-up for children with simple or complex eye and vision disorders. We provide short-term treatment of immediate problems, as well as long-term rehabilitative care and monitoring of visual development in children and adolescents.

Orthopaedics

Suite 505

Kristina Sinacori Walick, MD

Our team provides full-service care to newborns through young adults. Children with a bone, muscle or joint issue deserve comprehensive treatment from experts who specialize in caring exclusively for children and their unique needs. We believe that a team-based approach to musculoskeletal health, where bone and joint specialists with different backgrounds work together, provides the optimal care for each individual patient.

Surgery

Suite 505

Joseph Church, MD
Ronald B. Hirschl, MD
Erika A. Newman, MD
George B. Mychaliska, MD
Meghan Arnold, MD
Samir Gadepalli, MD
Erin E. Perrone, MD
Robin Petroze, MD
K. Elizabeth Speck, MD
Arul S. Thirumoorathi, MD

Pediatric surgery is the diagnostic, operative, and postoperative surgical care for children with congenital and acquired anomalies and diseases, be they developmental, inflammatory, neoplastic or traumatic.

Urology

Suite 105

John Park, MD
Julian Wan, MD

Pediatric urologists offer evaluation, diagnosis and treatment for infants, children and adolescents with abnormalities involving the kidneys, ureters, bladder, urethra and the reproductive organs of children. From routine, simple procedures to rare and complex conditions, we offer innovative, evidence-based treatment and a unique level of support and resources for children and families.

OBSTETRICS & GYNECOLOGY

Academic Obstetrics & Gynecology - Ann Arbor Campus

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Erika Mowers, MD
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Rajiv Deenadayalu, MD
Tamika Martin, MD
Lisa Morris, MD ♦
Caitlin Parker, MD
Christine Poisson, MD
Karen Walker, MD, MPH ♦
Emily Amoe, CNP
Colleen Bates, CNP

♦ *Gynecology only*

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Abigail Lindberg, DO
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Catriona Macardle, MD
Katharine Micallef, DO, FACOG
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Donna Hrozencik, MD, FACOG
Jody Jones, MD, FACOG
Edward Merkel, MD, FACOG
Breanne Camilleri, MD
Christine Pipitone, MD
Kathy Kise, CNM

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Peter Shaman, MD

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Stephanie Menon, MD
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Katie Zdrada, MD
Maureen Westfall, CNP

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Maternal-Fetal Medicine

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Shauna Harris, MD
Tatiana Harr, MPAS, PA-C
Amanda Hirsch, CNP
Molly Muir, CNM, CNP

OB Ultrasound

We have four locations for OB (obstetric) ultrasound. OB ultrasound is located within Maternal-Fetal Medicine Arbor Park, Oakland Hospital and West Arbor. OB Ultrasound has an additional location in Obstetrics & Gynecology - Brighton. A specially trained person known as a registered diagnostic medical sonographer (RDMS) will perform the examination which will be reviewed by a physician trained in fetal imaging.



Trinity Health Perinatal Wellness Center

The Trinity Health Perinatal Wellness Center is a comprehensive practice caring for women during and after their pregnancies. The Perinatal Wellness Center offers postpartum follow-up visits, perinatal mental health services, our breastfeeding medicine care and more.

Reichert Medical Center
 5333 McAuley Dr., Ste. 2106, Ypsilanti, MI 48197
P: 734-213-3680 **F:** 734-213-3681
Angela Welton, LPC, IBCLC

Breastfeeding Medicine

Our International Board Certified Lactation Consultants (IBCLC) are board-certified providers or registered nurses who can provide you with expert care before, during and after your baby is born to ensure that you have the support and education you need to feel comfortable and confident in your decision to breastfeed. All lactation consultants provide breastfeeding support consistent with the recommendations of both the American Academy of Pediatrics, the International Board of Lactation Consultant Examiners and the Academy of Lactation Policy and Practice.

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Lisa A. Hammer, MD, IBCLC **Kelly Strickler, CNP, IBCLC**
Kathryn Lankton, DO, IBCLC **Nancy Dmitruchina, RN, IBCLC**
Emily Piniatoglou, CNP, IBCLC **Beth Hoskins, LPN, IBCLC**

Lactation consultants are available for one-on-one breastfeeding assistance. They can handle many types of breastfeeding issues including, but not limited to:

- Basic breastfeeding education
- Support and encouragement
- Help continuing with breastfeeding after returning to work or school
- Latch-on problems
- Sore nipples or engorgement
- Slow weight gain of infant
- Insufficient breast milk
- Medical conditions such as prematurity, Down syndrome, cleft lip and/or palate
- Breastfeeding multiples

Nurse Midwives

Domino's Farms

4200 Whitehall Dr., Suite 350
 Ann Arbor, MI 48105
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F: 734-572-0616

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Katie Bolling, CNM
Emily Bousamra, CNM
Jessica Braman, APRN, CNM
Jacqui Clark, CNM
Ashleigh Cornell, CNM, IBCLC
Danielle Douglas, CNM
Nora Drummond, CNM
Jessica Hoskins, CNM
Ciara Hunt, CNM
Jennifer Kelley, CNM
Nicole Sekulich, CNM
Amanda Varva, CNM
Stephanie Yaldao, CNM

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Sydney Constante, CNM
Danielle Douglas, CNM
Nora Drummond, CNM
Katie Kern, CNM
Nicole Sekulich, CNM
Stephanie Yaldao, CNM

What is Midwifery?

Women are unique in many ways, very much like our Nurse Midwives. We not only offer comprehensive prenatal and childbirth services, but also provide the entire spectrum of well-woman gynecological care. With a focus on wellness education, our midwives are committed to enhancing a woman's self-reliance and trust in her normal life process. Our practice evidence-based medicine offering comprehensive women's health care, from preconception counseling, obstetrical and gynecologic services, normal labor management and vaginal deliveries.

SCAN HERE to meet the midwives!



Trinity Health IHA Medical Group

SURGERY

Academic Surgery - Ann Arbor Campus

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Academic Surgery - Oakland Campus

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Pontiac, MI 48341

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Bariatric & General Surgery

Livonia Campus

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Livonia, MI 48154

P: 734-655-2692
F: 734-655-4218

Livingston Campus

Trinity Health Livingston Hospital
620 Byron Rd., Suite 1200
Howell, MI 48843

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F: 810-844-7411

Oakland Campus

Trinity Health Oakland Hospital
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Pontiac, MI 48341

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Jacob Roberts, DO, FACOS, FASMBS
Tallal Zeni, MD, FACS
Meredith Chapel, CNP
Natalie Crook, CNP
Stephanie Borst, PA-C

♦ *Bariatrician*

Breast Surgery

Ann Arbor Campus

Ellen Thompson Women's Center
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Chelsea Campus

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Beth C. Kimball, MD, FACS
Amanda R. Kupstas, MD
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Jill Federer, CNP
Kelly Sakalian, CNP

Cardiothoracic Surgery

Ann Arbor Campus

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Livonia Campus

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F: 248-858-3833

Oakland Campus

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Pontiac, MI 48341

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Cardiac Surgery

Ajay Gupta, MD
Robert Lyons, MD, FACS
Andrew Pruitt, MD, FACS
Manak Sood, MD, FACS

Thoracic Surgery

Kumari N. Adams, MD, FACS
Melanie A. Edwards, MD, FACS

Cardiac & Thoracic Surgery

Karsten Fliegner, MD
Charles F. Schwartz, MD, FACS
Marc Silver, MD

Colon & Rectal Surgery

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Vascular & Endovascular surgery

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Trinity Health IHA Medical Group

SPECIALTIES

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Gynecologic Oncology

Ann Arbor Campus

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Trinity Health Cancer Center - Ann Arbor
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Brighton

Trinity Health Medical Center - Brighton
7575 Grand River Ave.
Brighton, MI 48114

Canton

Trinity Health Medical Center - Canton
1600 S. Canton Center Rd.
Canton, MI 48188

Chelsea Hospital

Trinity Health Cancer Center - Chelsea
775 S. Main St.
Chelsea, MI 48118

Livonia Hospital

Trinity Health Cancer Center - Livonia
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Neurology

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• Inpatient only neurohospitalist

□ NeuroIntensivist

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In the Hospital

Hospital Medicine

P: 877-336-6307 F: 734-887-8978

Our Hospital Medicine team is staffed with experienced internists, family medicine physicians and advance practice providers who are experts in the management and coordination of care of hospitalized patients. The Hospital Medicine team cares for patients hospitalized at Trinity Health Ann Arbor, Chelsea, Livingston, Livonia and Oakland. Our providers are available 24 hours a day, seven days a week and regularly care for hospitalized adult patients with complex needs. Our team members coordinate the involvement of other Specialist providers and Ancillary Services, communicating with patients, families and works in partnership with your primary care physician to ensure a smooth and effective follow up plan after discharge.

Neonatology

P: 877-336-6307 F: 734-887-8979

Neonatology or neonatal medicine is a subspecialty of pediatrics that specializes in care of newborn infants, especially the seriously ill or premature newborn. Our Neonatology team is staffed by Neonatologists and Neonatal Nurse Practitioners that provide hospital based care in a Neonatal Intensive Care Unit (NICUs) or Special Care Nursery. Our providers are in the hospital and available 24 hours a day, seven days a week and provide treatment for breathing difficulties, birth defects, premature birth, feeding difficulties and many other conditions affecting newborn infants. Our Neonatology team provides care for newborn infants at Trinity Health Ann Arbor and Trinity Health Livonia.

Pediatric Hospital Medicine

P: 877-336-6307 F: 734-887-8979

Pediatric Hospitalists are pediatricians who specialize in hospital medicine and newborn care. The pediatric hospitalists care for patients at Trinity Health Ann Arbor and Trinity Health Livonia. Our providers are available 24 hours per day, seven days a week and regularly care for hospitalized children and newborns. The Pediatric Hospitalist team is well equipped to deal with the sometimes challenging behavioral and psychological effects on children who are sick and need to be hospitalized. The team will pay special attention to communication with your child's primary care physician, that way the transition home and any follow up care needed can be easy and effective. Our Pediatric Hospitalists understand the coordination of care for acute disorders and newborn care, and are able to recognize and diagnose unusual disorders, anticipate problems and rapidly respond to crises or changes in a patient's condition.

Trinity Health Sleep Disorders Centers

Trinity Health Ann Arbor Hospital

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Trinity Health Livingston Hospital

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Trinity Health IHA Medical Group

Psychiatry & Counseling

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Trinity Health Academic Psychiatry & Counseling

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Collaborative Care Behavioral Health Program

We work with patients who may have anxiety and/or depression – right here in your physician's office! Our team is made up of a behavioral health specialist, your physician and a psychiatrist who talks with your doctor and behavioral health specialist. We all work together to help improve your overall well-being. In this program, the behavioral health specialist works with you to build skills and techniques to better manage your depression and/or anxiety. If you are interested in using medication to help control your symptoms, our team psychiatrist will talk to your behavioral health specialist and your physician to figure out the best treatment options.

Behavioral Health Program

- A behavioral health specialist will work with you for 3-6 months offering brief behavioral interventions
- They will check in often with you over the phone or at your physician's office
- A psychiatrist consults with your behavioral health specialist and your primary care physician to help determine treatment options
- Your behavioral health specialist only works with patients experiencing depression and anxiety

Women's Behavioral Health Care

We empower women ages 16 years and older to cope with issues and challenges.

Services are available for the following areas:

- Preconception health and wellness
- Mood and anxiety concerns
- Sexual assault
- Domestic abuse
- Unresolved trauma
- Infertility, pregnancy loss and adoption
- Marriage or relationship concerns
- Parenting concerns
- Self-esteem problems
- Grief and loss issues

Pediatric Behavioral Health Care

Our care team empowers children and their families to cope with behavioral issues and challenges so they can work toward healthy family growth.

Behaviors addressed include:

- Depression or anxiety
- Behavior concerns disruptive to school or home life
- Sleep issues
- Coping with stressful events such as illness, death in the family, starting or changing schools
- Problems with friends or bullying
- Divorce or remarriage
- Post-traumatic experiences



Trinity Health IHA Medical Group Lifestyle Medicine Primary Care



**Robert Breakey,
MD, DipABLM**

This new annual membership-based concept offers patients the following primary care and lifestyle medicine services:

Annual in-depth health and lifestyle evaluations

- Tailored health roadmap based on six critical lifestyle pillars
- Personalized plans to prevent, manage and reverse chronic diseases

Prioritized scheduling

- Same-day or next-day appointments
- The team, including your primary care physician, will be available to ensure all urgent health care needs are addressed. Non-urgent questions and concerns can be directed to your care team during normal business hours.

Shared medical appointment

- Group sessions offering collective guidance and community support.

Dedicated care management

- Specialized nurses offering education and support for chronic conditions.

Expert health coaching

- Custom coaching sessions to help you achieve and maintain your health goals.
- Exclusive educational resources and discounts on programs that extend your learning and support network.

Personalized meal and exercise plans

- Access to top-tier nutritionists and exercise plans that fit your unique needs.



Welcoming new patients. Please visit us at our website for more information or to sign up.

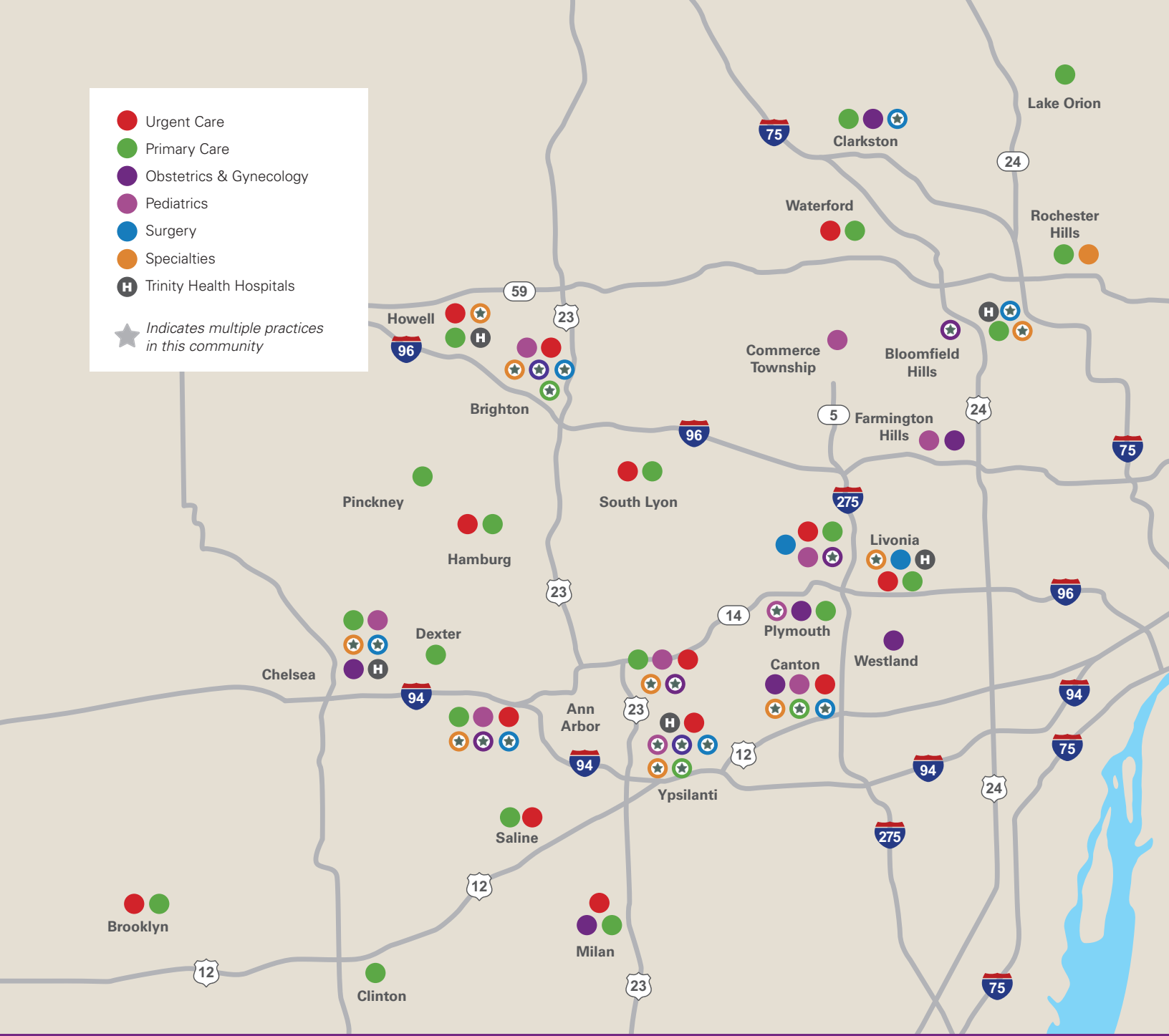
**For full details visit our website at:
TrinityHealthMichigan.org/LMPC**

Nutrition Services

Our nutrition specialists offer nutrition counseling services at many locations. Their expertise can provide you with the necessary knowledge to achieve all of your individual and family dietary needs.

- One-on-one nutrition counseling
- Easy to follow, customized eating plans to achieve/maintain a healthy weight
- Prevention/management of chronic disease through dietary and lifestyle changes
- Guidance in managing nutrition science to form healthy habits that will help you look and feel better
- Assistance with all of the misinformation about food and nutrition
- Weight management programs
- A healing approach to treating diagnosed medical conditions and their associated symptoms

- Urgent Care
- Primary Care
- Obstetrics & Gynecology
- Pediatrics
- Surgery
- Specialties
- H Trinity Health Hospitals
- ★ Indicates multiple practices in this community



We keep growing!

We are always hiring. Starting pay is \$15 per hour! Visit IHAcare.com/staffopenings for job postings.
Please visit us online at IHAcare.com for provider and practice location updates.



IHA Medical Group