



Breastmilk  
is **LOVE**  
to grow on!

**\$35** PER  
CLASS\*

# Breastfeeding Classes

IHA offers two breastfeeding classes to prepare expectant parents and support persons for their upcoming breastfeeding experience.

## **IHA Domino's Farms Medical Center**

4200 Whitehall Dr.  
Ann Arbor, MI 48105

Third Floor  
Conference Room

### **Prenatal Breastfeeding**

*It is best to attend this class four to six weeks prior to your due date.*

- First Wednesday of the month | 6:00-8:00 PM
- Third Saturday of the month | 10:00 AM-Noon

### **Breastfeeding & Returning to Work**

*This class should be taken toward the end of your maternity leave.*

- Second Wednesday of the month | 2:00-4:00 PM



To register, call IHA Breastfeeding Medicine Specialists  
at **734.213.3680**, or ask your IHA OB/GYN office.

*\*Your insurance company may provide reimbursement for the class.*

IHAcares.com

