



Guide to Care

30 years of our family
caring
for yours.
1994-2024



Trinity Health
IHA Medical Group

Welcome to Trinity Health IHA Medical Group. We are here for you, with nearly 1,000 health care providers in over 125 locations close to your home or work. Please use this guide or go online at IHAcare.com to learn more about our team and how we may care for you and your family.

Free Patient Events

meet the pediatric providers

Our pediatric practices hold monthly group meetings for expectant parents and parents of potential new patients. Ask questions, learn about our practice philosophy, office hours and more!

Scan the QR code to register!



Life with Baby Post-Partum Class

Mom, Baby + Partner (2-4 weeks old)

First Tuesday
of the Month
6:00 PM

Scan the
QR code to
register!



Wednesday Wellness Education Series

Twice each month, one of our leading providers, physicians or surgeons will present on a variety of topics.

Scan the QR code to register!



Third Trimester Class

FOR NEW
MOMS
+ LABOR
COACHES

Third Wednesday
of the Month
7:00 PM

Scan the
QR code to
register!



Important Numbers

IHA Medical Group
Call Center
844-IHA-DOCS

Trinity Health Patient
Business Services (Billing)
800-494-5797

Trinity Health MyChart
Patient Portal support line
844-982-4278

IHA Medical
Group Imaging
734-434-0539

IHAcare.com



URGENT CARE

We are here to care for you seven days a week.

Brooklyn

212 S. Main St., Suite B
Brooklyn, MI 49230

P: 517-938-6085
F: 517-938-6086



Canton

1600 S. Canton Center Rd.
Canton, MI 48188

P: 734-844-8743
F: 734-844-8744



Chelsea

14288 E. Old US Highway 12
Suite 400
Chelsea, MI 48118

P: 734-327-6115
F: 734-327-1164



Domino's Farms

4200 Whitehall Dr.
Suite 150
Ann Arbor, MI 48105

P: 734-995-0308
F: 734-995-0425



East Brighton

5505 S. Old US 23, Suite 200
Brighton, MI 48116

P: 810-494-6810
F: 810-494-6805



EMU

1065 North Huron River Dr.
Suite 200
Ypsilanti, MI 48197

P: 734-896-4112
F: 734-896-4113



Hamburg

10020 Professional Centre Dr.
Suite 120
Hamburg, MI 48139

P: 810-231-6080
F: 810-231-0256



Howell

202 W. Highland Rd.
Howell, MI 48843

P: 517-338-9084
F: 517-338-9091



Milan

870 E. Arkona Rd., Suite 105
Milan, MI 48160

P: 734-222-4150
F: 734-222-4151



Saline

7115 E. Michigan Ave., Suite 200
Saline, MI 48176

P: 734-977-0197
F: 734-977-0218



Schoolcraft Campus

19000 St. Joe's Parkway
Suite 140
Livonia, MI 48152

P: 734-213-3688
F: 734-213-3687



Southeast Livonia

29370 Plymouth Rd.
Suite 200
Livonia 48150

P: 734-884-5212
F: 734-884-5213



South Lyon

23200 Pontiac Trail
South Lyon, MI 48178

P: 248-486-3310
F: 248-486-3309



Waterford

4400 Highland Rd.
Suite 101
Waterford, MI 48328

P: 248-599-6190
F: 248-618-0355



West Arbor

4350 Jackson Rd.
Suite 230
Ann Arbor, MI 48103

P: 734-887-4396
F: 734-887-4614



Virtual Urgent Care

Scan the QR code to schedule a virtual appointment.



What is Urgent Care?

Offering extended hours seven days a week including holidays, IHA Urgent Care is just what the patient ordered. No more waiting for hours in an Emergency Room, now you have a quicker, more cost-effective alternative that fits your schedule... and your budget.

We treat non-life-threatening medical conditions, such as:

- Abdominal pain (non-severe)
- Headaches
- Back pain and neck pain
- Colds, coughs and flu symptoms
- Cuts requiring stitches
- Conjunctivitis (pink eye)
- Sports physicals
- Flu shots
- Sore throats, ear infections and sinus infections
- Seasonal allergies
- Skin rashes
- Bumps, cuts, sprains and strains
- Most fracture care, including splinting and bracing
- Imaging
- Minor eye problems
- Minor procedures, including laceration repair
- Minor head injuries
- Mild to moderate allergic reactions
- Mild to moderate asthma
- Urinary tract infections (UTIs)



Save Your Spot
bit.ly/IHAurgentcare

Skip the wait and save your spot at our urgent care locations. Your saved spot is not a guaranteed appointment, but an option that allows you – or a sick family member – to seek care at a time that is convenient.



Please visit us online for the most up-to-date hours at:
IHAcare.com/urgentcare

Pediatric Urgent Care

West Arbor

4350 Jackson Rd.
Suite 230
Ann Arbor, MI 48103

P: 734-545-1362
F: 734-545-1363



General Ultrasound Available



X-Ray Available



Trinity Health IHA Medical Group
PRIMARY CARE

Learn more, find a provider
 and schedule an appointment!



LENAWEE COUNTY

Clinton

11775 Tecumseh-Clinton Hwy.
 Clinton, MI 49236

P: 517-456-7449
F: 517-456-6059

Family Medicine
 Sreevalli Attali, MD
 Ahmad Bilal, MD
 Adam Kosteva, MD
 Jeffrey Mendoza, DO
 Arooj Mian, MD
 Cullen Salada, MD
 Sherry Headley, CNP

LIVINGSTON COUNTY

**Academic Family
 Medicine - Brighton**

Trinity Health Medical
 Center - Brighton
 7575 Grand River Ave., Suite 210
 Brighton, MI 48114

P: 810-844-7950
F: 810-494-6895

Family Medicine
 Kelly Arenz, DO
 Jacquelynn Dunn, DO
 Joseph Friedli, MD, CAQSM
 Benjamin Gilbert, DO
 Kathryn Lankton, DO, IBCLC
 Mark Zawisa, MD, FAAFP

East Brighton

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 Brighton, MI 48116

P: 810-494-6885
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Family Medicine
 Dorothea Edmunds, DO
 Aurielle Fanning, MD
 Aaron Heller, DO
 Steven Korycinski, MD
 Alberto Nacif, MD, DipABLM
 Raymond Smith, MD
 Donna Vorias, MD
 Cali Snyder, CNP

Genoa

2305 Genoa Business Park Dr.
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 Brighton, MI 48114

P: 810-494-6840
F: 810-494-6841

Family Medicine
 Miranda Bassett, DO
 David Bavers, MD
 Robert Camilletti, DO, MPH
 James P. Gallagher, II, DO
 Stacie Griffin, MD
 Rebecca Pawlik, MD, DABOM
 Rebecca Tostige Ruthberg, MD
 Melissa Zimmerman, MD
 Lindsay Tarachowski, CNP

Hamburg

10020 Professional Centre Dr.
 Suite 120
 Hamburg, MI 48139

P: 810-231-0252
F: 810-231-0256

Internal Medicine
 Nancy Carbajo, MD
 Rodney Dewyer, MD
 Stephanie Peterson, MD
 Rachel Walk, DO

Howell

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 Howell, MI 48843

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Family Medicine
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 Kristyn Delecki, DO
 Nicole Frey, DO
 Michael Paulson, DO
 John B. Rasor, DO
 Tonya Sexton, DO
 Benjamin Taggart, DO
 Kelsie Chrzasz, CNP
 Erin Obsniuk, CNP

Internal Medicine
 Bassel Atasi, MD ■
 Aaron Daniel, MD ■
 Carranda Koop, MD
 ■ *Internal Medicine/Pediatrics*

Pinckney

10200 Dexter-Pinckney Rd., Suite 100
 Pinckney, MI 48169

P: 734-878-1000
F: 734-878-1001

Family Medicine
 Kevin Chu, MD
 Logan Borgelt, MD
 Michael DeBacker, MD
 Christopher Sung, DO
 Nicole Ehinger, CNP

Internal Medicine
 Michelle Carveth, MD ■
 Kelsey Scott, MD

JACKSON COUNTY

Brooklyn

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Family Medicine
 Chloe Balanda, MD
 Kristen Bracklein, DO
 Eric Wandschneider, MD
 Julayne Brigham, PA-C
 Shari Page, DNP

OAKLAND COUNTY

Bloomfield

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 Bloomfield Twp., MI 48302

P: 248-836-0040
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Family Medicine
 Dalia Alhusein, DO
 Nora Dagher, DO
 Rhonda Gumma, DO
 Daniel Meram, MD

Clarkston

6770 Dixie Highway, Suite 303
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P: 248-625-0030
F: 248-625-4403

Family Medicine
 David McNaughton, MD
 Michael Scarchilli, DO
 Bradford Woelke, MD

Internal Medicine
 Tatyanna Coleman, CNP

Farmington Hills

28300 Orchard Lake Rd.,
 Suite 103
 Farmington Hills, MI 48334

P: 248-287-7860
F: 248-287-7861

Family Medicine
 Sonia J. Haque-Uddin, MD
 Adriane Marchese, MD
 Lauren Marchese, MD

**Henderson Academic
 Primary Care**

Woodward Professional Building
 44428 Woodward Ave., Suite 102
 Pontiac, MI 48341

P: 248-858-3126
F: 248-858-6499

Benjamin Diaczok, MD
Jacky Duong, DO
Geetha Krishnamoorthy, MD
Kathren Shango, MD
Anupam Sule, MD
Bradford Woelke, MD
Katie Zechar, MD

Lake Orion

1375 S. Lapeer Rd., Suite 210
 Lake Orion, MI 48360

P: 248-693-5700
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Family Medicine
 Kevin Do, DO
 Laura Sychta, DNP

Internal Medicine
 Timothy Dickson, MD ■
 Amy McCarthy, MD ■
 Kathryn Rice, MD ■

Rochester Hills

1854 W. Auburn Rd., Suite 100A
 Rochester Hills, MI 48309

P: 248-696-3170
F: 248-696-3175

Family Medicine
 Victoria J. Torgler, DO

Internal Medicine
 Walter Culver, MD ■

South Lyon

23200 Pontiac Trail
 South Lyon, MI 48178

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Family Medicine
 Natalie Baer, MD
 Lauren Carney, DO
 Elizabeth Morelli, MD
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Waterford

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Family Medicine
 Derek Foster, DO
 Vincent Hannosh, MD
 Hadeel Razook, MD
 Daniel Warden, MD
 Brenda Pope, CNP
 Shibani Tipnis, CNP

Internal Medicine
 Leslie Caren, MD ■
 Paunel Grivej, MD
 Elyse Hewitt, DO
 Nashwan Yousif, MD

**WASHTENAW
 COUNTY**

**Academic Internal
 Medicine - Ann Arbor
 Campus**

Reichert Medical Center
 5333 McAuley Dr.
 Suite 4001
 Ypsilanti, MI 48197

P: 734-712-3980
F: 734-222-4081

Internal Medicine
 Sudha Ayala, DO
 Corey Dean, MD, FAAP, FACP
 Irina Burman, MD
 Patricia McNally, MD
 Anupam Suneja, MD

**Lifestyle Medicine
 Primary Care**

Arbor Park
 4940 W. Clark Rd., Suite 100
 Ypsilanti, Michigan 48197

P: 734-887-7888
F: 734-887-7889

Robert Breakey, MD, DipABLM

Ann Arbor Campus

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Family Medicine

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Kaitlin Zeytuncu, MD
Max Julien, PA-C
Danielle Wilseck, PA-C

Internal Medicine

Irina Burman-Solovyeva, MD, FACP
Daniel Cahill, MD
Jie Dong, MD, MPAS
Daniel Jeung, MD
Lisa Kutas, MD
Kevin Taylor, MD, FACP

Arbor Park

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Family Medicine

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Vaishali Katial, MD
Matthew Kittle, DO
Shannon Kusiak, MD
Ross Schmaeman, MD
Melissa Sokol-Keith, MD, FAAFP
Malorie Sridhar, MD, DipABLM
Camille Sanchez, CNP

Internal Medicine

Therese Benevich, MD ■
Robert Dyksterhouse, MD

Chelsea

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Family Medicine

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David French, MD
Kathryn Harmes, MD
Rebekah Hudson, DO
Matthew G. Moore, MD

Internal Medicine

Shan N. Ansari, MD
Preeya Mohan, MD
Jyoti Sutter, MD
Steven Yarows, MD, FACP, FASH

Dexter

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Dexter, MI 48130

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Family Medicine

Michael Komrowski, MD
Annelie Ott, MD

Internal Medicine

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Bradford Wylie, MD

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Family Medicine

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Bianca Yaldo, MD
Eric Feldman, PA-C
Morgan Perian, PA-C
Abi Seeber, PA-C

Internal Medicine

Karl Brenner, MD
Yiding (Peter) Cai, MD
Yara Fardous, MD
Dorian Moore, MD
Heather Simpkins, MD
Tendai Thomas, MD, FACP
Adam Vaughn, DO

EMU

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F: 734-896-4111

Family Medicine

Thuy Orlando, MD
Lisa Whipple, DO
Laurel Boelens, CNP, DNP
Abi Seeber, PA-C

Milan

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Family Medicine

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Maria Heck, DO
G. Michael Jasbeck, MD
Jacob Johengen, DO
Britzy Joseph, MD
Carla Zahuranec, MD
Jane Imo, CNP
Lynn Lewis, CNP
Ashley Schwartz, CNP

Internal Medicine

Edward Kim, MD
Chad Krueger, MD

Neighborhood Primary Care - Ypsilanti

Haab Health Building
111 N. Huron St., Suite 200
Ypsilanti, MI 48197

P: 734-547-7977
F: 734-572-4855

Family Medicine

Emily Johnson, CNP

Internal Medicine

Bassel Atasi, MD ■
Corey Dean, MD, FAAP, FACP ■
Bushra Hussain, MD
Suzette D. LaVigne, MD, MPH, FAAP ■
Tomas Murphy, MD ■
Sara Platte, MD, FAAP ■

Saline

7115 E. Michigan Ave., Suite 100
Saline, MI 48176

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Family Medicine

Andriana L. Alexander, MD
Sarah Kaminsky, DO
Matthew G. Moore, MD

Internal Medicine

Cynthia Larson, MD, PhD

West Arbor

4350 Jackson Rd., Suite 200
Ann Arbor, MI 48103

P: 734-761-2581
F: 734-761-9540

Family Medicine

Brian Bluhm, MD
Michael Bruderly, MD
Avalon Elliott, DO
Benjamin Kaplan, DO
Meera Krishnashastry, MD
Yi Emily Li, MD
Katharine Lounsberry, MD
Allison Nesbitt, DO
Daniel Pettit, DO
Teleah Phillips, DO
Aleah Thompson, MD
Jay Lodwick, PA-C
Amy Slotten, DNP, IBCLC
Anne Smiarowski, PA-C
C. Nikki Taylor, PA-C

Internal Medicine

Marie Arnaout, DO ■
Kristin McFadden, DO
Gary Peppin, MD
Ronald Sanda, MD
Hongyan (Grace) Yang, MD, PhD ■

WAYNE COUNTY

Academic Family Medicine - Northwest Livonia

37595 Seven Mile Rd., Suite 210
Livonia, MI 48152

P: 734-853-5694
F: 734-430-9388

Family Medicine

Katelyn Bonkowski, MD
Christine Brenner, MD *
Charan Cheema, DO
Nicole B. Kohnen, MD
Alexa Norwick, MD
Nicole Robertson, MD
David Michael Smeenge, MD
Michael Wowk, MD ◆

Academic Internal Medicine - Northwest Livonia

37595 Seven Mile Rd., Suite 340
Livonia, MI 48152

P: 734-793-2470
F: 734-793-2471

Internal Medicine

Lisa Harston-LeDoux, MD
Steven Kirby, MD
Mariola Leka, MD

Canton

1600 S. Canton Center Rd., Suite 200
Canton, MI 48188

P: 734-398-7880
F: 734-761-7318

Family Medicine

Raza Ali, MD
Jacob Gates, MD
Yujing Murray, MD
Muhareb Mustafa, MD
Mary Nixon, MD
Diamond Shelby, MD
Bhavani Sundram, MD
Jamie Galvan, CNP
Madeline Madison, CNP
Ashley Richmond, CNP

Internal Medicine

Kimberly McCord, MD ■
Ellen B. Williams, MD

Cherry Hill Village

49650 Cherry Hill Rd., Suite 120
Canton, MI 48187

P: 734-398-7800
F: 734-398-7805

Family Medicine

Mohammed Abdrabboh, MD
Emily Cox, DO
Frank Parinello, DO
Nada Patel, MD
Sachi Patel, DO
Manuj Rattan, MD

Internal Medicine

Mira Agrawal, MD, FACP, DipABLM
Peter Meyers, DO
Theresa Poppe, MD, DipABLM
Jeffrey Sweet, MD
Kristen Yee, MD
Jodi Lambert, CNP

Freedom

20206 Farmington Rd.
Livonia, MI 48152

P: 248-476-4724
F: 248-476-7091

Family Medicine

Randall Bickle, DO, JD, CPE
Sudha Chakravarty, MD

Internal Medicine

Samuel Fawaz, MD
Prasad Mikkilineni, MD
Trishya Reddy, MD
Randall Sternberg, MD

Plymouth

990 W. Ann Arbor Trail, Suite 208
Plymouth, MI 48170

P: 734-455-1200
F: 734-455-5219

Family Medicine

Jeffrey Chiambretti, DO
Lauren Lumley, DO
Kaitlyn Perkins, DO
Lauren Schrock, MD
Stephanie Gillman, PA-C

Internal Medicine

Willard Den Houter, MD
Matthew Kohlenberg, MD ■
Ashley Schmehl, DO
Jeffrey Van Hooser, MD ■
Deborah Weener, MD

■ Internal Medicine/Pediatrics

◆ Obstetric Care

* Pediatrician

Primary Care

WAYNE COUNTY (CONT.)

Schoolcraft Campus

19000 St. Joe's Parkway, Suite 200
Livonia, MI 48152

P: 734-213-3685
F: 734-213-3686

Family Medicine

Sami Ahmed, MD
Barbra Alvir, DO
Jessica Haddad, MD
Michelle Klink, DO
Jenny Shih, DO
Quentin Simmons, MD
Alexia Stavropoulos, DO
Kayla Garrett, CNP

Internal Medicine

Michael Sanson, MD
Sherrie Tefend, MD

Southeast Livonia

29370 Plymouth Rd., Suite 100
Livonia, MI 48150

P: 734-655-8200
F: 734-655-8210

Family Medicine

Candace Cooper, DO
Trevor Evans, DO
Kimberly Snowdon, CNP, IBCLC

Internal Medicine

Shyran Hines-Fenderson, MD ■
Jessica Love, MD ■
Rachel Marcucci, MD ■
Erin Walton-Doyle, MD ■

■ Internal Medicine/Pediatrics

Senior Primary Care

Ann Arbor Campus

Trinity Health Towsley
Medical Center
5361 McAuley Drive
Ypsilanti, MI 48197

P: 734-712-9968
F: 734-222-3106

Emily Maris, MD
Aishah Raffee, DO, AGSF
Amy Bakalar, CNP

Schoolcraft Campus

Trinity Health Medical
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19000 St. Joe's Parkway
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Livonia, MI 48152

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F: 734-884-5264

Alvin Vargas, DO

Trinity Health IHA Medical Group

PEDIATRICS

Arbor Park

4936 W. Clark Rd., Suite 101
Ypsilanti, MI 48197

P: 734-434-3000
F: 734-434-8040

Erin Andrews, MD, FAAP
Karen Brenner, MD, FAAP
Nicole Frei, MD, FAAP
Casey Lwo, MD, FAAP
Jennifer McDonald, MD
Marla Mikelaite, MD, FAAP
Kandice Schifko, MD
Adriana Benedetto, CNP
Marissa DaSilva, CNP, IBCLC
Cindi Frederiksen, CNP
Barbara Putman, CNP

Chelsea

14288 E. Old US 12, Suite 100
Chelsea, MI 48118

P: 734-475-9175
F: 734-475-0120

John Gardner, MD, FAAP
C. Emily Heung, MD
Tara Kelly, MD
Susanna Lin, MD
Gina South, MD
Stephanie Tarnacki, MD

Cherry Hill Village

49650 Cherry Hill Rd., Suite 210
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P: 734-398-7899
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Crystal Barrow, MD, FAAP
Kerri Randall, MD, FAAP
Madhu Sennerikuppam, MD, MPH
Lisa Sprague, MD, FAAP
Hayley Teich, MD, FAAP
Judy Tosto, MD, FAAP
Abigail Troy, DO
C. Faith Victoria, MD
Becca Wise, DO
Kimberly Dunleavy, CNP
Bryn Gerich, CNP
Molly McIntyre, CNP
Kerry Swanton, CNP

Domino's Farms

4200 Whitehall Dr., Suite 230
Ann Arbor, MI 48105

P: 734-769-3896
F: 734-769-3746

Amy Cooke, MD, FAAP
Jessica Lee, MD
Monica Montemayor, MD, FAAP
Christopher Smith, MD
Lisa Whitehead, MD, FAAP
Frances Youssef, MD, FAAP
Aubree Blumer, CNP

Learn more, find
a pediatrician
and schedule an
appointment!



Farmington Hills

28300 Orchard Lake Rd., Suite 100A
Farmington Hills, MI 48334

P: 248-855-7510
F: 248-855-5626

Amy Dunn, MD
Beth Nadis, MD
Aimee Pollak, MD
Megan Tarhanich, CNP

Genoa

2305 Genoa Business Park Dr.
Suite 240
Brighton, MI 48114

P: 810-494-6820
F: 810-229-0747

Maria Bule, MD
Maria DeLeon, DO, MPH, FAAP
Kirtana Ghandikota, MD
Bethany Hall, MD, FAAP
Rebecca Korpai, DO
Chris Kottke, MD, FAAP
Stacey O'Connor, DO, FAAP
Melissa Zarow, DO, FAAP
Julie Byrne, CNP, IBCLC
Kristen Upton, CNP, IBCLC

Pediatric Specialties in Oakland

Oakland Medical Office Building 44555 Woodward Ave., Pontiac, MI 48341

P: 248-287-7500 **F:** 248-287-7501

Cardiology

Suite 105

Clinton Cochran, MD
Daniel Turner, MD

Pediatric Cardiology is different from the way cardiologists treat adult patients. The structure of children's hearts is different and smaller than adults' heart structure. Pediatric cardiologists have special training and experience treating conditions that affect the structure or rhythm of children's hearts. Pediatric cardiologists work closely with your child's pediatrician. They don't do surgery.

Gastroenterology

Suite 505

Suemein Julia Mar, MD

This clinic offers diagnosis and treatment of a variety of gastrointestinal diseases including inflammatory bowel disease, celiac disease, eosinophilic esophagitis, irritable bowel syndrome, gastroesophageal reflux disease (GERD), constipation, functional abdominal pain and functional dyspepsia. We also offer diagnostic upper endoscopies and colonoscopies.

Hematology Oncology

Suite 505

Jennifer Blase, MD, PhD
Kelley Ellis, CNP

This clinic offers comprehensive care for pediatric cancers and blood disorders. Specifically, we offer both outpatient clinic appointments and infusion services for chemotherapy, blood products, and treatments for immune deficiencies.

Plymouth

990 W. Ann Arbor Trail, Suite 210
Plymouth, MI 48170

P: 734-455-4600
F: 734-455-5637

Natalina Cwalina, MD
Tarin Gitlin, MD, FAAP
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Sarah Lacy, MD, FAAP
Jenna Millstead, MD
Christine Stankovic, MD, FAAP
David Tobin, MD
Nicole Dillon, CNP
Brook Nayak, CNP
Kelly Roberts, CNP
Shannon Schwartz, CNP
Tara Valentine, CNP, AE-C

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Paris Simono, CNP

Union Lake

2630 Union Lake Rd., Suite 100
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Geetha Nair, MD
Courtney Palka, MD
Morgan Parkinson, CNP

West Arbor

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Alyson Bokshan, MD, FAAP
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Carmen Green-Lee, MD, FAAP
Omkar Karthikeyan, MD, FAAP
Melissa Pike, MD, FAAP
Brittany Raburn, MD
Wendy Roberts, MD, FAAP
Jamie Thompson, MD, FAAP
Matthew Waier, MD, FAAP
Eric Wheatley, MD, FAAP
Emma Adams, CNP, IBCLC
Mary Dobbs, CNP
Kelly Strickler, CNP, IBCLC

What is Internal Medicine/Pediatrics?

With a focus on lifelong preventive health care and overall well-being, our internal medicine and pediatric physicians and staff specialize in primary care for infants, children and adults. Internal Medicine/Pediatrics, sometimes called Med-Peds, is the combination of Internal Medicine (primary care for adults) and Pediatrics (primary care for infants, children and adolescents). Physicians receive an additional year of training and are board-certified in both internal medicine and pediatrics.



Arbor Park
Therese Benevich, MD

Canton
Kimberly McCord, MD

Howell
Bassel Atasi, MD
Aaron Daniel, MD

Lake Orion
Timothy Dickson, MD
Amy McCarthy, MD
Kathryn Rice, MD

Neighborhood
Bassel Atasi, MD
Corey Dean, MD, FAAP, FACP
Suzette D. LaVigne, MD, MPH, FAAP
Tomas Murphy, MD
Sara Platte, MD, FAAP

Pinckney
Michelle Carveth, MD

Plymouth
Matthew Kohlenberg, MD
Jeffrey Van Hooser, MD

Rochester Hills
Walter Culver, MD

Southeast Livonia
Shyran Hines-Fenderson, MD
Rachel Marcucci, MD
Erin Walton-Doyle, MD

Waterford
Leslie Caren, MD

West Arbor
Hongyan (Grace) Yang, MD, PhD

See pages 4, 5 & 6 for details.

*A collaboration
with our teams:*



Ophthalmology

Suite 405

Christopher Gappy, MD

Our clinic offers primary care of common children's eye problems as well as comprehensive evaluations and follow-up for children with simple or complex eye and vision disorders. We provide short-term treatment of immediate problems, as well as long-term rehabilitative care and monitoring of visual development in children and adolescents.

Orthopaedics

Suite 505

Kristina Sinacori Walick, MD

Our team provides full-service care to newborns through young adults. Children with a bone, muscle or joint issue deserve comprehensive treatment from experts who specialize in caring exclusively for children and their unique needs. We believe that a team-based approach to musculoskeletal health, where bone and joint specialists with different backgrounds work together, provides the optimal care for each individual patient.

Surgery

Suite 505

Joseph Church, MD
Ronald B. Hirschl, MD
Erika A. Newman, MD
George B. Mychaliska, MD
Meghan Arnold, MD
Samir Gadepalli, MD
Erin E. Perrone, MD
Robin Petroze, MD
K. Elizabeth Speck, MD
Arul S. Thirumoorthi, MD

Pediatric surgery is the diagnostic, operative, and postoperative surgical care for children with congenital and acquired anomalies and diseases, be they developmental, inflammatory, neoplastic or traumatic.

Urology

Suite 105

John Park, MD
Julian Wan, MD

Pediatric urologists offer evaluation, diagnosis and treatment for infants, children and adolescents with abnormalities involving the kidneys, ureters, bladder, urethra and the reproductive organs of children. From routine, simple procedures to rare and complex conditions, we offer innovative, evidence-based treatment and a unique level of support and resources for children and families.

OBSTETRICS & GYNECOLOGY

Academic Obstetrics & Gynecology - Ann Arbor Campus

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Grace Mishkin, CNP, CNM

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Anissa Mattison, DO

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Rajiv Deenadayalu, MD
Tamika Martin, MD
Lisa Morris, MD ♦
Caitlin Parker, MD
Christine Poisson, MD
Karen Walker, MD, MPH ♦
Emily Amoe, CNP
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♦ *Gynecology only*

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Katharine Micallef, DO, FACOG
Laura Downing, MD, FACOG

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Canton, MI 48187

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Breanne Camilleri, MD, FACOG
Donna Hrozencik, MD, FACOG
Jody Jones, MD, FACOG
Edward Merkel, MD, FACOG
Christine Pipitone, MD
Kathy Kise, CNM

Clarkston

6770 Dixie Highway, Suite 202
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P: 248-625-8555
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Kelvin Prokurat, DO
Peter Shaman, MD, FACOG

Domino's Farms

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Stephanie Menon, MD
Jennifer O'Neill, DO ♦
Alia Shah, MD
Lauren Westerfield, MD, FACOG
Katie Zdrada, MD
Maureen Westfall, CNP

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Sara Muszynski, MD, FACOG
Kim Palfey, MD ♦
Joanne Vicari, MD, FACOG ♦
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Maternal-Fetal Medicine

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Urogynecology Bloomfield

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F: 248-253-0347

James Ross, MD, FACOG

OB Ultrasound

We have four locations for OB (obstetric) ultrasound. OB ultrasound is located within Maternal-Fetal Medicine Arbor Park, Oakland Campus and West Arbor. OB Ultrasound has an additional location in Obstetrics & Gynecology - Genoa. A specially trained person known as a registered diagnostic medical sonographer (RDMS) will perform the examination which will be reviewed by a physician trained in fetal imaging.

Learn more, find a provider
and schedule an appointment!



Trinity Health Perinatal Wellness Center

The Trinity Health Perinatal Wellness Center is a comprehensive practice caring for women during and after their pregnancies. The Perinatal Wellness Center offers postpartum follow-up visits, perinatal mental health services, our breastfeeding medicine care and more.

Reichert Medical Center
5333 McAuley Dr., Ste. 2106, Ypsilanti, MI 48197

P: 734-213-3680 **F:** 734-213-3681

Angela Welton, LPC, IBCLC

Nurse Midwives

Domino's Farms

4200 Whitehall Dr., Suite 350
Ann Arbor, MI 48105

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Jessica Braman, APRN, CNM
Jacqui Clark, CNM
Ashleigh Cornell, CNM, IBCLC
Elaina Dean, CNM
Danielle Douglas, CNM
Nora Drummond, CNM
Jessica Hoskins, CNM
Ciara Hunt, CNM
Jennifer Kelley, CNM
Nicole Sekulich, CNM
Amanda Varva, CNM
Stephanie Yaldao, CNM

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Sydney Constante, CNM
Danielle Douglas, CNM
Nora Drummond, CNM
Katie Kern, CNM
Nicole Sekulich, CNM
Stephanie Yaldao, CNM

What is Midwifery?

Women are unique in many ways, very much like our Nurse Midwives. We not only offer comprehensive prenatal and childbirth services, but also provide the entire spectrum of well-woman gynecological care. With a focus on wellness education, our midwives are committed to enhancing a woman's self-reliance and trust in her normal life process. Our practice evidence-based medicine offering comprehensive women's health care, from preconception counseling, obstetrical and gynecologic services, normal labor management and vaginal deliveries.



Breastfeeding Medicine

Our International Board Certified Lactation Consultants (IBCLC) are board-certified providers or registered nurses who can provide you with expert care before, during and after your baby is born to ensure that you have the support and education you need to feel comfortable and confident in your decision to breastfeed. All lactation consultants provide breastfeeding support consistent with the recommendations of both the American Academy of Pediatrics, the International Board of Lactation Consultant Examiners and the Academy of Lactation Policy and Practice.

Reichert Medical Center
5333 McAuley Dr., Ste. 2106, Ypsilanti, MI 48197

P: 734-213-3680 **F:** 734-213-3681

Lisa A. Hammer, MD, IBCLC **Kelly Strickler, CNP, IBCLC**
Kathryn Lankton, DO, IBCLC **Nancy Dmitrichina, RN, IBCLC**
Emily Piniatoglou, CNP, IBCLC **Beth Hoskins, LPN, IBCLC**

Lactation consultants are available for one-on-one breastfeeding assistance. They can handle many types of breastfeeding issues including, but not limited to:

- Basic breastfeeding education
- Support and encouragement
- Help continuing with breastfeeding after returning to work or school
- Latch-on problems
- Sore nipples or engorgement
- Slow weight gain of infant
- Insufficient breast milk
- Medical conditions such as prematurity, Down syndrome, cleft lip and/or palate
- Breastfeeding multiples

Urogynecology and Reconstructive Pelvic Surgery

Urogynecology and Reconstructive Pelvic Surgery is a subspecialty of obstetrics and gynecology that focuses specifically on treating women with pelvic floor disorders, including pelvic organ prolapse, urinary or fecal incontinence, and overactive bladder. These disorders are treated through a combination of both surgical and non-surgical methods with the goal of enhancing the quality of life for affected women. Obstetrician/gynecologists undergo additional fellowship training in this subspecialty.

Bloomfield
James Ross, MD,
FACOG

Schoolcraft Campus
Paul Makela, MD,
FACOG

West Arbor
Adam Ziff, DO



Scan to learn more.

Trinity Health IHA Medical Group

SURGERY

Academic Surgery - Ann Arbor Campus

Reichert Medical Center
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F: 734-887-8941

David G. Heidt, MD, FACS

Academic Surgery - Oakland Campus

Trinity Health Oakland Hospital
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Pontiac, MI 48341

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F: 248-858-3889

Bariatric & General Surgery

Livonia Campus

Marian Professional Building
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Livonia, MI 48154

P: 734-655-2692
F: 734-655-4218

Livingston Campus

Trinity Health Livingston Hospital
620 Byron Rd., Suite 1200
Howell, MI 48843

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F: 810-844-7411

Oakland Campus

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Tallal Zeni, MD, FACS
Meredith Chapel, CNP
Natalie Crook, CNP
Stephanie Borst, PA-C

Breast Surgery

Ann Arbor Campus

Ellen Thompson Women's Center
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Tara M. Breslin, MD, FACS
Amy M. Kirby, MD, FACS
Beth C. Kimball, MD, FACS

Amanda R. Kupstas, MD
Marisa O'Neill, DO
Jill Federer, CNP
Kelly Sakalian, CNP
Cally Schwinn, CNP (Starts Jan. 6)

Cardiothoracic Surgery

Ann Arbor Campus

Michigan Heart & Vascular Institute
5325 Elliott Dr., Suite 102
Ypsilanti, MI 48197

P: 734-712-5500
F: 734-887-8944

Livonia Campus

Marian Professional Building
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Livonia, MI 48154

P: 248-858-3850
F: 248-858-3833

Oakland Campus

Oakland Medical Office Building
44555 Woodward Ave., Suite 506
Pontiac, MI 48341

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F: 248-858-3833

Cardiac Surgery

Ajay Gupta, MD
Robert Lyons, MD, FACS
Andrew Pruitt, MD, FACS
Manak Sood, MD, FACS

Thoracic Surgery

Kumari N. Adams, MD, FACS
Melanie A. Edwards, MD, FACS

Cardiac & Thoracic Surgery

Karsten Fliegner, MD
Charles F. Schwartz, MD, FACS
Marc Silver, MD

Colon & Rectal Surgery

Ann Arbor Campus

Trinity Health Ann Arbor Hospital
5325 Elliott Dr., Suite 104
Ypsilanti, MI 48197

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John C. Eggenberger, MD, FASCRS, FACS
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Steven Lu, MD (Starts Jan. 16)

Amanda M. McClure, MD, FASCRS, FACS
Beth-Ann Shanker, MD, FASCRS, FACS
Stevie-Jay Stapler, MD
Kelsey McDonald, CNP
Katie Mysliwiec, PA-C
Ashley D. Plemens, CNP
Anna Rapson, CNP

Learn more,
find a provider
and schedule an
appointment!



General Surgery

Ann Arbor Campus

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Canton

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Plastic & Reconstructive Surgery

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Genoa

Genoa Medical Center
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Angela M. Ostroski, DPM

Oliver M. Ryan, DPM

Douglas Stoinski, DPM

Brain & Spine Surgery

Ann Arbor Campus

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Rochester Hills

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Rochester Hills, MI 48309

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Todd Y. Nida, MD, FACS

Lawrence Rapp, MD

Rachel Opiela, PA-C

Theresa Richardson, PA-C

Megan Scholl, PA-C



Surgery (CONT.)

Urology

Ann Arbor Campus

Reichert Medical Center
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Chelsea Campus

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Genoa

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Schoolcraft Campus

Trinity Health Medical Center -
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Stephen Olsen, MD •

John Sherbeck, MD

Joseph Tworek, MD

Timothy VandenBoom, MD •

Matthew Wasco, MD

• Dermatopathologist

Learn more,
find a provider
and schedule an
appointment!



Hematology Oncology

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Brighton

Trinity Health Medical Center - Brighton
7575 Grand River Ave.
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Trinity Health Medical Center - Canton
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Canton, MI 48188

Chelsea Hospital

Trinity Health Cancer Center - Chelsea
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Livonia Hospital

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 Inpatient only neurohospitalist

 Neurointensivist

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 Inpatient only

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Trinity Health IHA Medical Group

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Collaborative Care Behavioral Health Program

We work with patients who may have anxiety and/or depression – right here in your physician's office! Our team is made up of a behavioral health specialist, your physician and a psychiatrist who talks with your doctor and behavioral health specialist. We all work together to help improve your overall well-being. In this program, the behavioral health specialist works with you to build skills and techniques to better manage your depression and/or anxiety. If you are interested in using medication to help control your symptoms, our team psychiatrist will talk to your behavioral health specialist and your physician to figure out the best treatment options.

Behavioral Health Program

- A behavioral health specialist will work with you for 3-6 months offering brief behavioral interventions
- They will check in often with you over the phone or at your physician's office
- A psychiatrist consults with your behavioral health specialist and your primary care physician to help determine treatment options
- Your behavioral health specialist only works with patients experiencing depression and anxiety

Women's Behavioral Health Care

We empower women ages 16 years and older to cope with issues and challenges.

Services are available for the following areas:

- Preconception health and wellness
- Mood and anxiety concerns
- Sexual assault
- Domestic abuse
- Unresolved trauma
- Infertility, pregnancy loss and adoption
- Marriage or relationship concerns
- Parenting concerns
- Self-esteem problems
- Grief and loss issues

Pediatric Behavioral Health Care

Our care team empowers children and their families to cope with behavioral issues and challenges so they can work toward healthy family growth.

Behaviors addressed include:

- Depression or anxiety
- Behavior concerns disruptive to school or home life
- Sleep issues
- Coping with stressful events such as illness, death in the family, starting or changing schools
- Problems with friends or bullying
- Divorce or remarriage
- Post-traumatic experiences



Trinity Health IHA Medical Group Lifestyle Medicine Primary Care



**Robert Breakey,
MD, DipABLM**

This new annual membership-based concept offers patients the following primary care and lifestyle medicine services:

Annual in-depth health and lifestyle evaluations

- Tailored health roadmap based on six critical lifestyle pillars
- Personalized plans to prevent, manage and reverse chronic diseases

Prioritized scheduling

- Same-day or next-day appointments
- The team, including your primary care physician, will be available to ensure all urgent health care needs are addressed. Non-urgent questions and concerns can be directed to your care team during normal business hours.

Shared medical appointment

- Group sessions offering collective guidance and community support.

Dedicated care management

- Specialized nurses offering education and support for chronic conditions.

Expert health coaching

- Custom coaching sessions to help you achieve and maintain your health goals.
- Exclusive educational resources and discounts on programs that extend your learning and support network.

Personalized meal and exercise plans

- Access to top-tier nutritionists and exercise plans that fit your unique needs.



Welcoming new patients. Please visit us at our website for more information or to sign up.

**For full details visit our website at:
TrinityHealthMichigan.org/LMPC**

Nutrition Services

Our nutrition specialists offer nutrition counseling services at many locations. Their expertise can provide you with the necessary knowledge to achieve all of your individual and family dietary needs.

- One-on-one nutrition counseling
- Easy to follow, customized eating plans to achieve/maintain a healthy weight
- Prevention/management of chronic disease through dietary and lifestyle changes
- Guidance in managing nutrition science to form healthy habits that will help you look and feel better
- Assistance with all of the misinformation about food and nutrition
- Weight management programs
- A healing approach to treating diagnosed medical conditions and their associated symptoms

Before you rush to the ER, Call your Primary Care Office or 844-IHA-DOCS first!

You can call us 24 hours a day, 7 days a week!



PRIMARY CARE

For care and treatment of routine or immediate needs that are not life-threatening

For all medical concerns contact your primary care provider first. Your primary care provider is the most familiar with your medical history and provides routine or immediate care when it is not an emergency

- | | | |
|---------------------|------------------------------------|---------------------|
| Allergies | Animal or Insect Bite | Asthma |
| Back Pain | Cold & Flu Symptoms | Diabetes |
| Ear Pain | Gastrointestinal or Stomach issues | Headaches |
| High Blood Pressure | Immunizations or Shots | Pink Eye |
| Preventive Care | Rashes | Routine Well Visits |
| Sore Throat/ Cough | Urinary Tract Infection | Women's Health |



URGENT CARE

For immediate but not life-threatening needs, when your Primary Care provider is unavailable

Call your Primary Care Office first if you believe you should go to an Urgent Care. Urgent care has evening and weekend hours when your primary care provider may not be available.

- | | | |
|-------------------------|-----------------------|-----------------------|
| Allergic Reaction | Animal or Insect Bite | Asthma Attack |
| Back Pain | Broken Bones | Cold and Flu Symptoms |
| Ear Pain | Minor Head Injuries | Pink Eye |
| Rashes | Sore Throat/ Cough | Sprains and Strains |
| Stitches | Moderate Stomach Pain | Tooth Pain |
| Urinary Tract Infection | | |



EMERGENCY ROOM

**For any life or death emergency or urgent after-hours needs
OPEN 24/7**

Call your Primary Care Office first if you believe you should go to the Emergency Room. You should follow up with your primary care provider after a visit to an emergency room.

- | | | |
|----------------------------------|---|---|
| Severe Asthma Attack | Severe Broken Bones | Severe Burns |
| Severe Chest Pain | Convulsions or Seizures | Drug Overdose or Poisoning |
| Bad Falls (Seniors) | High Fever | Fever in Newborn (under 2 months of age) |
| Severe Head, Neck or Back Injury | Loss of Consciousness | Rapid Bleeding |
| Severe Stomach Pain | Heart Attack Symptoms (Chest Pain, Cold Sweat, Heartburn, Dizziness, Shortness of Breath) | Stroke Symptoms (Sudden Weakness, Dizziness or Speech Problems) |

When experiencing a life-threatening emergency, call 911.